Motor Runnin'



拍數: 32 牆數: 4 級數: Improver

編舞者: Linda Yanders (USA)

音樂: Your Love Don't Take a Backseat to Nothing - Brooks & Dunn



SYNCOPATED VINE RIGHT, SIDE TO SIDE ROCK, ROCK, SHUFFLE

1-2 Step right to right side, step left behind right

&3 Quickly step right foot to right, cross left foot over right

4 Hold

5 Rock step to the right6 Rock step to the left

7&8 Step right foot over left, keeping feet crossed, quickly step on left foot, step right foot down in

crossed position (turn 1/8 to the left of center for this side shuffle)

SYNCOPATED VINE LEFT, SIDE TO SIDE ROCK, ROCK, SHUFFLE

1-2 Step left to left side, step right behind right

&3 Quickly step left foot to left, cross right foot over right

4 Hold

Rock step to the leftRock step to the right

7&8 Step left foot over right, keeping feet crossed, quickly step on right foot, step left foot down

(turn 1/8 to the right of center for this side shuffle)

ROCK FORWARD, SHUFFLE 1/4 TURN RIGHT, ROCK FORWARD, SHUFFLE 1/2 TURN LEFT

1-2 Rock step forward on right foot, rock step back on left foot

Right foot step ¼ right, step left next to right, step right in place (you are now facing 3:00)

5-6 Rock step left foot forward, rock step right foot back

7&8 Left step back into ¼ turn left, right step next to left, left step forward into ¼ turn left (you are

now facing 9:00)

PIVOT TURN ½ LEFT, KICK BALL POINT, KICK BALL POINT, WALK, WALK

Step right foot forward, pivot ½ turn to the left (you are now facing 3:00)
Kick right foot forward, quickly step right next to left, extend left toe back
Kick left foot forward, quickly step left next to right, extend right toe back

7-8 Walk forward with the right foot, walk forward with the left foot

REPEAT