# **Mother Knows Best**



拍數: 56 牆數: 2 級數: Intermediate

編舞者: Lesley Johnston (AUS)

音樂: Mother Knows Best - Beccy Cole



### Just for you mum on your 70th Birthday, with love

#### OVER IN PLACE, OVER IN PLACE, CROSS 1/4 TURN, OVER IN PLACE

Moving forward-cross left over right, step right to side, step left in place
Moving forward-cross right over left, step left to side, step right in place

5&6 Moving forward-into a ¼ turn left, left over right, step right to side, step left in place

7&8 Step right over left, step left to side, step right in place

9-16 Repeat above counts 1-8

#### SYNCOPATED VINE, SWING RIGHT BEHIND LEFT, CROSS SHUFFLE

&17&18& Step left over right, right to side, left behind right, right to side, left over right

19&20 Step right to side, step left behind right

21-23 Swing right around behind left, step left to side, cross right over left

&24 Step left to side, cross right over left

## SIDE ROCK & TOGETHER, SIDE ROCK & TOGETHER, STEP 1/4, 1/4, ROCK CROSS

25-26& Step/rock left to side, rock to right side, bring left to meet right

27-28 Step/rock right to side, rock to side on left

&29-30& Bring right to meet left, step left into a ¼ turn left, step right into ¼ turn left

31-32 Replace weight onto left (rock), cross right over left

33-40 Repeat above counts 25-32

#### FULL TURN TO RIGHT (EXTENDED HANDS), FULL TURN TO LEFT (HANDS DOWN)

41 Commence full turn to right by stepping firstly back onto left

Then onto right-left-right so now facing front and extend both hands as if to catch someone

(listen to words in song)

45-48 Cross left over right & commence full turn to left stepping right-left-right so you are once

again facing front (turn hands to face down)

## STEP BACK DRAG, STEP BACK DRAG, HIPS RIGHT-LEFT-RIGHT

49-51 Step back on left, drag right heel to meet left, step back on right

52 Drag left heel to meet right

53-56 Step left to side (hips to left) then hips to right-left-right finishing with weight on right

## **REPEAT**

#### **FINISH**

1-8 Step right over left, step left to side, drag right to meet left