More Then Gold



拍數: 32 編數: Intermediate east coast swing

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音樂: (I Got You And) That's Enough - Brook Benton



TRIPLE STEP RIGHT, ROCK STEP, TRIPLE STEP 1/4 TURN, RIGHT TRIPLE STEP 1/2 TURN RIGHT

1&2	Step right foot to right, step left foot to right, step right foot to right
3-4	Step left foot behind right foot, rock weight back on right foot

5&6 Step left foot to left, make a ¼ turn right stepping right together, step left foot back

7&8 Turn ¼ right while stepping right foot to right, step left foot together, turn ¼ stepping right foot

forward

ROCK STEP, TRIPLE BACK, SCOOT BACK, COASTER STEP

1-2	Step left foot forward, rock weight back on right foot
3&4	Left foot step behind, right foot together, left foot step back
5&	Scoot back on left foot while hitching right foot, step right foot back*
6&	Scoot back on right foot while hitching left foot, step left foot back*
7&8	Right foot step back, left foot step together, right foot step forward

TOE STRUTS, 1/4 TURN RIGHT WITH SWEEP, TOUCH, ROCK STEP 1/2 TURN,

1-2	I ouch left foot forward, step on left foot (point right finger forward on word you)
3-4	Touch right foot forward, step on right foot (point left finger forward on word you)
5-6	Turn ¼ right on right foot while sweeping left foot from back to front, end with a touch forward

7-8 Step on left foot, rock weight back on right foot turn ½ left

TRIPLE STEP LEFT, ROCK STEP, STEP CROSS SNAP, STEP CROSS SNAP

1&2	Step left foot to left, step right foot together, step left foot to left
3-4	Step right foot in front of left foot, rock weight back on left foot

&5-6 Step right foot to right, cross left foot over of right foot, snap with both hands height of your

chest

&7-8 Step right foot to right, cross left foot over right foot, snap with both hands down

REPEAT

TAG

On 4th and 8th wall, (both times back wall), instead of going on with a triple step after count 24, step left foot to left

1-2	Elvis knee right, hold
3-4	Switch to left, hold

5-6 Both knees twist to left, both knees to right 7-8 Both knees to left, hold (weight's left)

Alternative: just make two steps, with a light hitch, back starting right foot