

# More & More

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Teresa Lawrence (UK) & Vera Fisher (UK)  
音樂: More and More and More - The Bellamy Brothers



## SIDE BEHIND, CHASSE ¼ TURN, STEP ¼ TURN HOOK, STEP ¼ TURN HITCH

1-2      Step right to right side, step left behind right  
3&4      Chasse ¼ turn right (3:00)  
5-6      Step forward on left, make ¼ turn right & hook right foot in front & across left leg (6:00)  
7-8      Make ¼ turn right & step forward on right, hitch left knee (9:00)

## SHUFFLE FORWARD LEFT, ROCKING CHAIR, PIVOT ½ TURN LEFT

1&2      Shuffle forward left, right, left  
3-4      Rock forward on right, replace weight on left  
5-6      Rock back right, replace weight on left  
7-8      Step forward on right, pivot ½ turn left (3:00)

## CHASSE SIDE, ROCK BACK, TOE HEEL ¼ TURN LEFT, TOE HEEL ¼ TURN LEFT

1&2      Chasse right to right side  
3-4      Rock back on left, replace weight on right  
5-6      Making ¼ turn right touch left toe back, bring left heel down (6:00)  
7-8      Making ¼ turn right touch right toe to right side, bring right heel down (9:00)

## SHUFFLE FORWARD LEFT, ROCK REPLACE, TRIPLE ½ TURN, TRIPLE ½ TURN

1&2      Shuffle forward left, right, left  
3-4      Rock forward on right replace weight on left  
5&6      Making ½ turn right do a triple step (right, left, right)  
7&8      Making ½ turn right do a triple step (right, left, right)

**You are traveling slightly back towards 3:00 wall (3:00)**

**You are traveling slightly back towards 3:00 wall (9:00)**

**Alternatives to turning triples, shuffle back on right then left**

## ROCK BACK REPLACE, ROCK RIGHT SIDE REPLACE, CROSS ROCK REPLACE, CHASSE SIDE

1-2      Rock back on right, replace weight on left  
3-4      Rock right to right side, replace weight on left  
5-6      Cross rock right over left, replace weight on left  
7&8      Chasse right to right side

## ROCK BACK REPLACE, ROCK SIDE REPLACE, CROSS ROCK REPLACE CHASSE ¼ LEFT

1-2      Rock back on left, replace weight on right  
3-4      Rock left to left side, replace weight on right  
5-6      Cross rock left over right, replace weight on right  
7&8      Chasse left making ¼ turn left (6:00)

## STEP RIGHT, LEFT KICK BALL CHANGE, STEP LEFT STEP RIGHT, LEFT KICK BALL CHANGE, STEP LEFT

1      Step forward on right  
2&3      Left kick ball change  
4-5      Step forward on left, step forward on right  
6&7      Left kick ball change  
8      Step forward on left

**PADDLE ¼ TURNS X 3, WALK WALK**

- 1-2 Step forward on right, turn ¼ left placing weight on left (3:00)
- 3-4 Step forward on right, turn ¼ left placing weight on left (12:00)
- 5-6 Step forward on right, turn ¼ left placing weight on left (9:00)
- 7-8 Step forward on right, step forward on left

**REPEAT**

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