

Mopin' Around

COPPER KNOB
BY STEPHEN BERTS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sandy Allen & Rhiannon Fry (AUS)
音樂: Hillbilly Blues - Trick Pony



- 1-2-3-4 Twist both heels out, twist both toes out, twist both toes in, twist both heels in
5-6-7 Jump both feet out, jump both feet across with right in front, unwind ½ turn left ending with weight on right
8 Touch left toe back
- 1-2&3-4 Step left forward, step right beside left, step left slightly back, step right forward, step left beside right
5-6-7 Jump both feet out, jump both feet across with right in front, unwind ½ turn left ending with weight on right
8 Touch left toe back
- 1-2&3-4 Step left forward, step right beside left, step left slightly back, step right forward, touch left toe beside right
5-6-7-8 Touch left toe to left 45, drop left heel, touch right toe to right 45, drop right heel (shimmy while doing counts 5-8)
- 1-2-3-4 Touch left toe forward, drop left heel, touch right toe beside left, drop right heel (shimmy while doing counts 1-4)
&5&6 Step left back to left 45, touch right heel to right 45, step right in place, step left beside right
&7&8 Step right back to right 45, touch left heel to left 45, step left in place, touch beside left
- 1-2 Touch right to right side, bring right together while making ½ turn right taking weight on right
3-4-5-6 Touch left to left side, step left together, step right to right side, step left behind right
7-8 Step right to right side, touch left beside right
- 1-2 Make ¼ turn left step left forward, step right forward making a full turn left on ball of right
3&4-5 Scuff left beside right, step left forward, touch right behind left, step right to right 45 pushing right hip to right
&6-7& Push left hip to left, push right hip to right, step left to left 45 pushing left hip to left, push right hip to right
8 Push left hip to left
- 1&2&3 Kick right across left, step right beside left, kick left across right, step left beside right, kick right across left
&4-5-6 Step right to right side, step left across in front of right, step right to right side, replace weight back on to left
7&8 Step right across in front of left, step left to left side, step right across in front of left
- 1-2 Touch left toe to left side, make ¾ turn left on ball of right ending with weight on left
3&4-5 Step right to right side, replace weight to left, step right across in front of left, step left to left side
6-7&8 Step right together, keeping legs together lift both heels and rotate knees & hips in a circle to the left (7&8)

REPEAT

TAG

At the end of the second wall dance the following 8 counts

- 1-2-3-4 Touch right toe forward, drop right heel and click fingers, touch left toe across in front of right, drop left heel and click fingers
- 5-6-7-8 Touch right toe back, drop right heel and click finger, touch left toe beside right, drop left heel and click fingers
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