

Moonshine

COPPER KNOB
STEPPERS

拍數: 120 牆數: 2 級數: Intermediate/Advanced
編舞者: Elaine Douris (UK) & Paula Douris (UK)
音樂: Country As a Boy Can Be - Brady Seals



RIGHT STOMP & FAN, LEFT STOMP & FAN

1-4 Stomp right foot forward, fan toes right, left, right
5-8 (Repeat as above with left foot)

ROCKS FORWARD & BACK WITH ½ TURNING SHUFFLE

9-11 Rock right foot forward, replace weight onto left, rock back right foot
12-13 Replace weight onto left, rock right foot forward, replace
14-15 Weight onto left, making ½ turn right step forward right
&16 Close left to right, step forward right

LEFT STOMP & FAN, RIGHT STOMP & FAN

17-20 Stomp left foot forward, fan toes left right, left
21-24 (Repeat as above with right foot)

ROCKS FORWARD & BACK WITH ½ TURNING SHUFFLE

25-27 Rock left foot forward, replace weight onto right, rock back left foot
28-29 Replace weight onto right, rock forward left, replace
30-31 Weight onto right, making ½ turn left step forward left
&32 Close right foot to left, step forward left

RIGHT KICK BALL CHANGE TWICE, ½ TURNING SHUFFLE LEFT TWICE

33&34 Kick right foot forward, step right foot in place, change weight quickly onto left foot
35&36 Repeat steps 33 & 34
37&38 With weight on the left make ½ turn left stepping forward right, close left to right, step back on the right
39&40 With weight on the right make ½ turn left stepping forward left, close right to left, step forward left**

For the less experienced dancer. Please feel free to substitute the two ½ turning shuffles with right & left shuffles forward or for the more adventurous dancer - two full turns to the left stepping right, left, right, left)

¼ TURN LEFT, KNEE SLAP & HITCH WITH 2 RIGHT HIP BUMPS

41-42 Step forward right foot making ¼ turn left, slap left thigh, hitching left knee
43-44 With left knee still hitched bump hips to the right twice

STEP FORWARD LEFT, TAP RIGHT, SYNCOPATED OUT & INS

45-46& Step forward left foot, tap right beside left, step right foot to the right side
47&48 Step left foot to the left side (feet are now apart), bring right foot back into place & left beside right
49-56 Making ½ turn left instead of ¼) repeat steps 41 - 48

CHASSE RIGHT, LEFT HEEL BALL CROSS, CHASSE LEFT, RIGHT HEEL BALL CROSS

57&58 Step right to right side, step left beside right, step right to right side
59&60 Dig left heel wide to left side, change the weight quickly onto the left foot, cross right foot in front of left
61&62 Step left to left side, step right beside left, step left to left side
63&64 Dig right heel wide to right side, change weight quickly onto the right foot, cross left foot in front of right

STEP RIGHT, LEFT HEEL BALL CROSS, STEP LEFT, RIGHT HEEL BALL CROSS, STEP RIGHT, LEFT & RIGHT HEEL SWITCHES, STEP LEFT FOOT FORWARD, RIGHT STOMP UP

- &65&66 Step right to right side, dig left heel wide to left side, change weight quickly onto left, cross right foot in front of left
- &67&68 Step left to left side, dig right heel wide to right side, change weight quickly onto right, cross left foot in front of right
- &69&70 Step right foot to right side, dig left heel forward, change weight onto left foot and dig right heel forward
- &71-72 Step in place with right foot, step forward left, stomp the right foot without weight

CHASSE RIGHT, ROCKS - BACK LEFT - FORWARD RIGHT, STEPPING LEFT / RIGHT MAKE FULL TURN RIGHT, CHASSE LEFT

- 73&74 Step right foot to right, close left to right, step right to right side
- 75-76 Rock back left, replace weight forward onto right
- 77-78 Making a full turn right - step left, right
- 79&80 Step left foot to left side, close right to left, step left to left

ROCKS BACK RIGHT/FORWARD LEFT, STEPPING RIGHT/LEFT MAKE FULL TURN LEFT, CHASSE RIGHT, ROCKS BACK LEFT/FORWARD RIGHT

- 81-82-83-84 Rock back right, replace weight forward onto left, making full turn left - step right, left
- 85&86 Step right to right side, close left to right, step right to right
- 87-88 Rock back left, replace weight forward onto right

Steps 57 - 88 are now repeated to the opposite side making an extra ¼ turn right on the last chasse as described below

CHASSE LEFT, RIGHT HEEL BALL CROSS, CHASSE RIGHT, LEFT HEEL BALL CROSS

- 89&90 Step left to left side, step right beside left, step left to left side
- 91&92 Dig right heel wide to right, change the weight quickly onto the right foot, cross left foot in front of right
- 93&94 Step right to right side, step left beside right, step right to right side
- 95&96 Dig left heel wide to left side, change weight quickly onto the left foot, cross right foot in front of left

STEP LEFT, RIGHT HEEL BALL CROSS, STEP RIGHT LEFT HEEL BALL CROSS, STEP LEFT, RIGHT & LEFT HEEL SWITCHES, STEP FORWARD RIGHT, LEFT STOMP UP

- &97&98 Step left to left side, dig right heel wide to right side, change weight quickly onto right, cross left foot in front of right
- &99&100 Step right to right side, dig left heel wide to left side, change weight quickly onto left, cross right foot in front of left
- &101&102 Step left foot to left side, dig right heel forward, change weight onto right foot and dig left heel forward
- &103-104 Step in place with left foot, step forward right, stomp the left foot without weight

CHASSE LEFT, ROCKS BACK RIGHT / FORWARD LEFT, STEPPING RIGHT / LEFT MAKE A FULL TURN LEFT, CHASSE RIGHT

- 105&106 Step left foot to left, close right to left, step left to left side
- 107-108 Rock back right, replace weight forward onto left
- 109-110 Making a full turn left - step right, left
- 111&112 Step right foot to right side, close left to right, step right to right

ROCKS BACK LEFT / FORWARD RIGHT, STEPPING LEFT / RIGHT MAKE A FULL TURN, CHASSE LEFT WHILE MAKING ¼ TURN RIGHT, ROCKS BACK RIGHT / FORWARD LEFT

- 113-114-115-116 Rock back left, replace weight forward onto right, making full turn right - step left, right
- 117&118 Making ¼ turn left, step left to left side, close right to left, step left to left
- 119-120 Rock back right, replace weight forward onto left

REPEAT

