

Moonrise

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Beginner
編舞者: Louise Holloway (UK)
音樂: All Rise - Blue



GRAPEVINE TO RIGHT, SIDE ROCK RECOVER, CROSS RIGHT SHUFFLE

1-4 Step right foot to right side, left behind, right to side, left crosses in front
5-6 Rock right foot to right side, recover weight onto left foot
7&8 Right cross shuffle. (right-left-right)

GRAPEVINE TO LEFT, SIDE ROCK RECOVER, CROSS LEFT SHUFFLE

1-4 Step left foot to left side, right behind, left to side, right crosses in front
5-6 Rock left foot to left side, recover weight onto right foot
7&8 Left cross shuffle. (left-right-left)

ROCK FORWARD, RECOVER, ½ TURN SHUFFLE, ROCK FORWARD, RECOVER, COASTER STEP

1-2 Rock forward onto right foot, recover weight onto left
3&4 ½ Turn shuffle stepping right-left-right over right shoulder
5-6 Rock forward onto left foot, recover weight onto right foot
7&8 Step slightly back on left foot, step right next to left, step forward onto left foot

WALK FORWARD RIGHT, LEFT, FORWARD RIGHT SHUFFLE, ROCK FORWARD LEFT RECOVER, COASTER STEP

1-2 Walk forward right, left
3&4 Step forward right-left-right (right shuffle)
5-6 Rock forward onto left, recover weight onto right
7&8 Step slightly back on left foot, step right next to left, step forward onto left foot

REPEAT
