

Moon Time

拍數: 32 牆數: 4 級數: Beginner
編舞者: Bill Bader (CAN)
音樂: You Are the One - Carlene Carter



Moon Time is dedicated to my first line dance instructor, Maxcy Moon

RIGHT KICK-BALL-CHANGE, SHUFFLE RIGHT, LEFT KICK-BALL-CHANGE, SHUFFLE LEFT

- 1&2 Kick-ball-change: kick right forward, step ball of right beside left, change weight to left
3&4 Shuffle forward on right-left-right: step right forward, slide/step left beside right, step right forward
5&6 Kick-ball-change: kick left forward, step ball of left beside right, change weight to right
7&8 Shuffle forward on left-right-left: step left forward, slide/step right beside left, step left forward

ROCK FORWARD-BACK, 2 SHUFFLES BACK, ROCK BACK-FORWARD

- 9-10 Step right forward, rock back onto left
11&12 Shuffle back on right-left-right * unofficial option: shuffle back turning ½ right on right-left-right
13&14 Shuffle back on left-right-left * turn another ½ right while shuffling on left-right-left (returns us to 12:00)
15-16 Step right back, rock forward onto left

RIGHT KICK-BALL-CHANGE, SIDE, SLIDE TOGETHER; REPEAT

- 17&18 Kick-ball-change: kick right forward, step ball of right beside left, change weight to left
19-20 Step right to right side, slide/step left beside right
21&22 Kick-ball-change: kick right forward, step ball of right beside left, change weight to left
23-24 Step right to right side, slide/step left beside right

ROCK RIGHT, BACK LEFT, ½ RIGHT, HOLD, ROCK LEFT, BACK RIGHT ¼ LEFT, HOLD

- 25-26 Step right forward (bend right knee to build torque for the turn at 27), rock step back onto left
27-28 Step right back turning ½ right (6:00), hold
29-30 Step left forward (bend left knee to build torque for the turn at 31), rock step back onto right
31-32 Step left back turning ¼ left (3:00), hold

REPEAT