

# Mood Swing

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Cindi Talbot (CAN)  
音樂: Gettin' in the Mood - The Brian Setzer Orchestra



## TOE STRUTS FORWARD/FORWARD COASTER/ HOLD

1-2      Touch right toe forward, lower right heel  
3-4      Touch left toe forward, lower left heel  
5-6-7      Step right forward, step left beside right, step right back  
8      Snap fingers

## TOE STRUTS BACK/ BACK COASTER/HOLD

9-10      Touch left toe back, lower left heel  
11-12      Touch right toe back, lower right heel  
13-14-15      Step back left, step right beside left, step forward left  
16      Snap fingers

## ROCK RECOVER CROSS/HOLD/ROCK RECOVER CROSS/HOLD

17-18-19      Rock right to right side, recover on left, cross right over left  
20      Snap fingers  
21-22-23      Rock left to left side, recover on right, cross left over right  
24      Snap fingers

## VINE RIGHT $\frac{1}{4}$ TURN/RUN FORWARD/HOLD

25-26      Step right to right side, step left behind right  
27-28      Step right  $\frac{1}{4}$  turn right, scuff left pivoting  $\frac{1}{2}$  right  
29-30-31      Run forward left-right-left  
32      Hold

## TWIST RIGHT/HOLD/TWIST LEFT/HOLD

33-34-35      Bring right next to left while twisting heels right, toes right, heels right  
36      Clap  
37-38-39      Twist heels left, toes left, heels left  
40      Clap

## ROCK FORWARD RECOVER/ROCK BACK RECOVER (REPEAT 2X)

41-42      Rock forward right, recover left  
43-44      Rock back right, recover left  
45-46      Rock forward right, recover left  
47-48      Rock back right, recover left

## STEP TURN STEP/ HOLD/TOUCH FORWARD/ HOLD/ TOUCH BACK/ HOLD

49-50-51      Step forward right, pivot  $\frac{1}{2}$  left, putting weight. On left, step forward right  
52      Snap fingers  
53-54      Touch left toe forward with right arm forward, left arm back, hold  
55-56      Touch left toe back with right arm back, left arm forward, hold

## STEP TURN STEP/HOLD/TOUCH FORWARD/ HOLD/TOUCH BACK/HOLD

57-58-59      Step forward left, pivot  $\frac{1}{2}$  right putting weight. On right, step forward left  
60      Hold  
61-62      Touch right toe forward with left arm forward right arm back, hold

63-64

Touch right toe back with right arm forward, left arm back, hold

**REPEAT**

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