

# Mony Mony

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Unknown  
音樂: Mony Mony - Tommy James & The Shondells



## HEEL TAPS

1-4      Left heel forward, together, right heel forward, together  
5-8      Left heel forward, together, right heel forward, together

## STEP TURNS

9-10      Step forward on left foot, ½ turn to right  
11-12      Step forward on left foot, ½ turn to right

## TWIST SEQUENCE TO RIGHT

13-14      Cross left over right (twist), step right with right foot (untwist)  
15-16      Cross left over right (twist), step right with right foot (untwist)  
17-18      Cross left over right (twist), step right with right foot (untwist)  
  
19-20      Kick left foot twice  
21-22      Coaster step- step back left, step back together right, step forward left

## TWIST SEQUENCE TO LEFT

23-24      Cross right over left (twist), step left with left foot (untwist)  
25-26      Cross right over left (twist), step left with left foot (untwist)  
27-28      Cross right over left (twist), step left with left foot (untwist)  
  
29-30      Kick right foot twice  
31-32      Coaster step- step back right, step back together left, step forward right

## KICKS & COASTERS

33-34      Kick left twice  
35-36      Coaster step- step back left, step back together right, step forward left  
37-38      Kick right twice  
39-40      Coaster step- step back right, step back together left, step forward right

## SAILOR SHUFFLES

41-42      Cross left behind right, step right to right side, step left to left  
43-44      Cross right behind left, step left to left side, step right to right

## ¼ TURN

45-46      Step forward left, slide right to left  
47-48      Step forward left with ¼ turn to left, stomp right by left

## REPEAT

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