

Monterey Twist

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Jon Peppin (AUS)
音樂: Shame On Me - Twister Alley



¼ TURN RIGHT MONTEREY, VINE RIGHT

- 1-4 Touch right toe to right side, turning ¼ turn right on left, step right beside left, touch left toe to left side, step left beside right
5-8 Step right to right side, step left behind right, step right to right side, touch left beside right

¼ TURN LEFT MONTEREY

- 1-4 Touch left toe to left side, turning ¼ turn left on right, step left beside right, touch right toe to right side, step right beside left
5-8 Step left forward, rock/replace weight back on right, step left back, step right beside left

TRAVELING RIGHT, TRAVELING LEFT

- 1-4 Twist both heels right, both toes right, both heels right, hold and clap
5-8 Twist both heels left, both toes left, both heels left, hold and clap

¼ TURN RIGHT MONTEREY, RIGHT SWIVET, LEFT SWIVET

- 1-4 Touch right toe to right side, turning ½ turn right on left, step right beside left, touch left toe to left side, step left beside right
5-6 On right heel and ball of left foot, twist right toe right and left heel left, back to center
7-8 On left heel and ball of right foot, twist left toe left and right heel right, back to center

REPEAT
