

Monterey Mama

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: SanDee Skelton (USA)
音樂: Who's Cheatin Who - Charley McClain



This dance is dedicated to Anita ("Big Mama") who loves Monterey Turns!

FOUR ¼ TURN MONTEREYS

- 1-4 Touch right toe to right side, turn ¼ right as you step right next to left, touch left toe to left side, step left next to right
5-8 Repeat 1-4 above
1-8 Repeat counts 1-8 above for a total of 4 Monterey turns each turning ¼ to the right

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, JAZZ BOX TURNING ¼ RIGHT

- 1&2 Right shuffle forward (right, left, right)
3&4 Left shuffle forward (left, right, left)
5-6 Cross step right over left, step left back
7-8 Turn ¼ right and step right to right side, step left next to right

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, JAZZ BOX TURNING ¼ RIGHT

- 1-8 Same as section above

GRAPEVINE RIGHT WITH ½ TURN RIGHT, SCUFF FORWARD

- 1-2 Step right to right side, cross left behind right
3-4 Turn ½ right and step forward, scuff left heel forward

GRAPEVINE LEFT, SCUFF FORWARD

- 5-8 Step left side, cross right behind left, step left to left side, scuff right heel forward

3 COUNT TURN (ROLLING VINE) RIGHT, TOGETHER (FULL TURN PLUS ¼)

- 1 Turn ¼ right and step right forward, then turn an additional ½ right
2 Step left back and turn ½ right
3 Step right forward
4 Step left next to right

HEEL SWITCHES, CLAPS

- 5& Touch right heel forward, step right next to left
6& Touch left heel forward, step left next to right
7 Touch right heel forward
&8 Hold & clap hands twice

ROCK STEPS FORWARD, IN PLACE, BACK, IN PLACE, FORWARD, IN PLACE, COASTER STEP

- 1-2 Rock right forward, step left in place
3-4 Rock right back, step left in place
5-6 Rock right forward, step left in place
7&8 Step right back, step left next to right, step right forward

- 1-2 Rock left forward, step right in place
3-4 Rock left back, step right in place
5-6 Rock left forward, step right in place
7&8 Step left back, step right next to left, step left forward

REPEAT
