

Montana Rodeo (P)

COPPER **NOB**
BY STEPHENETS

拍數: 56 牆數: 0 級數: Partner
編舞者: Anna Picerno (DE)
音樂: As Good As I Once Was - Toby Keith



Position: Man inside, lady outside of circle, man's right hand holding lady's left. Dance description is for the lady. The man danced the opposition of lady

The man begins on right foot

SHUFFLE FORWARD LEFT-RIGHT

1&2 Left foot shuffle forward left-right-left
3&4 Right foot shuffle forward right-left-right
5&6 Left foot shuffle forward left-right-left
7&8 Right foot shuffle forward right-left-right

STEP 1/ 4 TURN LEFT & TOUCH, CHASSE' RIGHT, ROCK BACK, CHASSE' LEFT

1-2 Left foot step left, making 1/ 4 turn to the left, right foot touch beside of left foot
3&4 Right foot shuffle to the right right-left-right
5-6 Left foot rock back, recover on right foot
7&8 Left foot shuffle to the left left-right-left

ROCK BACK, SHUFFLE FORWARD, ROCK FORWARD, SHUFFLE BACK

1-2 Right foot rock back, recover on left foot
3&4 Right foot shuffle forward right-left-right
5-6 Left foot rock forward, recover on right foot
7&8 Left foot shuffle back left-right-left

ROCK BACK, GRAPEVINE RIGHT WITH 1/ 4 TURN RIGHT, STEP, 1/ 4 TURN LEFT & TOUCH / CLAP

1-2 Right foot rock back, recover on left foot
3-4 Right foot step to the right, left foot cross behind right foot
5-6 Right foot step to the right making 1/ 4 turn to the right, left foot touch beside right foot,
7-8 Left foot step to the left making 1/ 4 turn to the left, touch right foot beside left and clap hands

SIDE TURNING 1/ 4 RIGHT, TOUCH, STEP, 1/ 4 TURN LEFT & TOUCH / CLAP, SIDE TURNING 1/ 4 TURN RIGHT, TOUCH, BRUSH OVER, KICK

1-2 Right foot step to the right making 1/ 4 turn right, left foot touch beside right foot
3-4 Left foot step to the left making 1/ 4 turn left, right foot touch beside left foot and clap hands
5-6 Right foot step to the right making 1/ 4 turn to the right, left foot touch beside right foot
7-8 Left foot brush over (swing over right), kick forward

SHUFFLE BACK, BRUSH OVER, KICK, SHUFFLE BACK, ROCK BACK

1&2 Left foot shuffle back left-right-left
3&4 Right foot brush (swing over left), kick forward
5&6 Right foot shuffle back right-left-right
7-8 Left foot rock back, recover on right foot

LADY

FULL TURN LEFT - RIGHT

1-4 Left foot step to the left making 1/ 4 turn to the left, right foot step forward making 1/ 4 turn to left and make on right foot 1/ 2 turn to left, left foot step to the left, touch right foot beside left foot

5-8 Right foot step to the right making 1/4 turn to the right, left foot step forward making 1/4 turn to right and making on left foot 1/2 turn to the right, right foot step to right, left foot touch beside right foot

MAN

BEHIND, SIDE, CROSS, POINT, BEHIND, SIDE, CROSS, TOUCH

1-4 Right foot cross behind left foot, left foot step to the left, right foot cross over left foot, left foot touch to the right side

5-8 Left foot cross behind right foot, . Right foot step to the right, left foot cross over right foot, right foot touch to beside right

REPEAT
