

Montana Mambo

拍數: 32 牆數: 2 級數: Beginner
編舞者: June Hulcombe (AUS) & Barbara Willshire (AUS)
音樂: Papa Loves Mambo - Perry Como



LEFT MAMBO, RIGHT MAMBO, FORWARD MAMBO, BACK MAMBO

1&2 Rock/step left to left side, recover weight on to right, step left next to right
3&4 Rock/step right to right side, recover weight on to left, step right next to left
5&6 Rock/step left forward, recover weight on to right, step left next to right
7&8 Rock/step right back, recover weight on to left, step right next to left

LEFT RUMBA BOX, RIGHT RUMBA BOX, STEP, TOGETHER, ¼ LEFT, ROCK, RECOVER, FORWARD

1&2 Step left to left side, step right next to left, step left forward
3&4 Step right to right side, step left next to right, step right back, (rumba box)
5&6 Step left to left side, step right next to left, turning ¼ left step left forward
7&8 Rock/step right to right side, recover weight on to left, step right forward

PIVOT RIGHT, STEP, RIGHT ROCKING CHAIR, PIVOT LEFT, STEP, LEFT ROCKING CHAIR

1&2 Step left forward, turn ½ right weight on right, step left forward
3&4& Rock forward on to right, recover on to left, rock back on to right, recover on to left
5&6 Step right forward, turn ½ left weight on left, step right forward
7&8& Rock forward on to left, recover on to right, rock back on to left, recover on to right

LEFT MAMBO, RIGHT MAMBO, SIDE, TOGETHER, ¼ LEFT, ROCK, RECOVER, STOMP FORWARD

1&2 Rock/step left to left side, recover weight on to right, step left next to right
3&4 Rock/step right to right side, recover weight on to left, step right next to left
5&6 Step left to left side, step right next to left, turning ¼ left step left forward
7&8 Rock right to right side, recover weight on left, stomp right forward

REPEAT

FINISH

Stomp right forward on last beat (count 8), lifting left foot off the ground and pushing both arms out from sides