

Monster Mash

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Karrie Stang (USA)
音樂: Monster Mash - Bobby Boris Pickett



TOE HEELS (WALKING FORWARD)

1-2 Step forward right (on ball of foot), drop right heel
3-4 Step forward left (on ball of foot), drop left heel
5-6 Step forward right (on ball of foot), drop right heel
7-8 Step forward left (on ball of foot), drop left heel down

SIDE SHUFFLES, ROCK BEHIND

1&2 Shuffle side right, left, right
3-4 Rock left foot behind right, recover weight onto right
5&6 Shuffle side left, right, left
7-8 Rock right foot behind left, recover weight onto left

ROCK FRONT, BACK, FRONT ½ TURN AND SHUFFLE

1-2 Rock forward right, recover weight onto left
3-4 Rock back right, recover weight onto left
5-6& Rock forward right, recover weight onto left, ½ turn to right
7&8 Shuffle forward right, left, right

STEP ¼ TURN, 2 STOMPS, 4 TWISTS

1-2 Step forward left, ¼ turn right
3-4 Bring left foot in next to right and stomp, stomp right foot
5-6 Twist 2 times(knees facing right, then left)
7-8 Twist 2 times(knees facing right, then left)

REPEAT
