

Monks Landing (P)

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 0 級數: Partner
編舞者: Ruth Elias (UK) & Brian Bambury
音樂: Something Stupid - The Mavericks, Raul Malo & Trisha Yearwood



Position: Side By Side

BOTH: LEFT AND RIGHT SHUFFLE, ¼ TURN, ROCK STEPS

1-4 Left shuffle forward left, right, left, right shuffle forward right, left, right
5-6 Step forward on left into a ¼ turn right, same time rock on left, rock back on right

Now facing LOD man behind lady, arms at shoulder height and apart

7-8 Cross and rock left behind right, rock back on right

BOTH: SIDE SHUFFLE, ROCK STEP, SIDE SHUFFLE, ROCK STEP

1&2 Left side shuffle left, right, left
3-4 Cross and rock on right in front of left, rock back on left
5&6 Right side shuffle right, left, right
7-8 Cross and rock on left in front of right, rock back on right

MAN'S STEPS: ¼ TURN, WALK, SCUFF

1-4 Step left into ¼ turn left LOD, then forward right, left, scuff right forward (small steps)

As the man starts to turn drop left hands and rejoin on scuff step in side by side position

LADY'S STEPS: 1 ¼ TURN, SCUFF

1-4 Do a 1 ¼ three step turn to the left (to the left) starting on left, right, left, scuff right forward

Raise your right hand above your head on turns rejoin hands in side by side position on scuff step

BOTH: STEPS AND SCUFFS

1-4 Step forward on right, scuff left, step forward on left, scuff right

MAN: ¼ TURN, ON THE SPOT / LADY: ¾ TURN TO THE RIGHT

1-4 **MAN:** Step right into ¼ right, then left, right, left on the spot (weight on left)

LADY: Do a ¾ turn to your right starting on your right foot: right, left, right, left together (turn on the spot)

As you both turn keep hold of hands, raise them above lady's head on third count change hands from crossed to uncrossed, you are now facing each other holding hands uncrossed at waist level

BOTH: SYNCOPATED STEPS AND HANDS

&1&2 Step right to right, step left to left, step right to left, step left to right

&3&4 Step right to right, step left to left, step right to left, step left to right (weight ends up on left)

As you do your syncopation steps the arms go out and in, in time with the feet

BOTH: SHUFFLE, STOMPS

1&2 **MAN:** Right shuffle forward right, left, right (last step right pivot ½ turn left)

Release right hands, raise left hands, go under arch

LADY: Right shuffle forward right, left, right, past the man's right side, raise your right hand

3&4 **MAN:** Left shuffle forward left, right, left

LADY: Left shuffle left, right, left into ¼ turn right, passing in front of the man now facing LOD

5&6 **MAN:** Right shuffle into LOD right, left, right

Lead lady across front of you, change your left hand for your right hand, rejoin in side by side position

LADY: Right side shuffle right, left, right

7-8 **MAN:** Stomp left, stomp right

LADY: Stomp left, stomp right

REPEAT
