The Monkey Dance

級數: Improver

編舞者: Anita McNab (CAN)

拍數: 48

音樂: The Monkey Song - The Sugar Bees

RIGHT WEAVE FOR 4 COUNTS, SIDE SHUFFLE, ROCK STEP

- Step side on right, cross left behind right, step side on right, cross left in front of right 1-4
- 5-8 Shuffle to right side right, left together, right, rock left behind right, recover on right

LEFT WEAVE FOR 4 COUNTS, SIDE SHUFFLE, ROCK STEP

- 9-12 Step side on left, cross right behind left, step side on left, cross right in front of left
- 13-16 Shuffle to left side left, right together, left, rock right behind left, recover on left

WALK FORWARD RIGHT, LEFT, RIGHT, SCUFF, ROCK FORWARD, RECOVER, ROCK BACK

- 17-20 Walk forward right, left, right, scuff left
- 21-24 Rock forward on left, recover on right, rock back on left, recover on right

WALK FORWARD LEFT, RIGHT, LEFT, SCUFF, ROCK FORWARD, RECOVER, ROCK BACK

- 25-28 Walk forward left, right, left, scuff right
- 29-32 Rock forward on right, recover on left, rock back on right, recover on left

TOE/ HEEL JAZZ BOX WITH ¼ TURN RIGHT

- 33-36 Cross right toe over left, drop right heel, step back on left toe, drop left heel
- 37-40 1/4 turn to right with right toe, drop right heel, step left toe beside right, drop left heel

TO RIGHT SIDE, HEEL TOE TWISTS, HOLD/CLAP

- 41-42 With feet together, twist both heels to right side, both toes to right
- 43-44 Twist both heels to right, hold and clap

TO LEFT SIDE, HEEL TOE TWISTS, HOLD/CLAP

- 45-46 With feet together, twist both heels to left side, both toes to left
- 47-48 Twist both heels to left, hold and clap

REPEAT

Int/adv dancers may add a full turn to steps 3-4 and 11-12, 17-18 and 25-26





牆數: 4