

Monkey Business

COPPER KNOB
BY STEPHEN BRETZ

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Terry Hogan (AUS)
音樂: Monkey Around - Delbert McClinton



- 1-2 Step right foot forward, step left forward to lock behind right
Step slightly toward the right diagonal to make these steps more comfortable
&3-4 Step right to the right side, rock/step left to the left side, rock weight sideward onto right foot
5-6 Step left to the left side, step right across behind left
7&8 Shuffle to left left-right-left
- 9-10 Step right forward, make $\frac{3}{4}$ turn left on ball of right foot & step left foot forward (toward 3:00 wall)
11&12 Step right foot beside left & push shoulders forward right-left-right leaning slightly forward from waist (shimmy)
13-14 Rock/step right foot backward, rock forward onto left
15&16 Shuffle forward right-left-right
- 17 Step left foot forward
18 On balls of both feet twist to make $\frac{1}{2}$ turn right
19 On balls of both feet twist to make $\frac{1}{2}$ turn left taking weight onto left foot
20-21 Step right forward, make $\frac{1}{4}$ pivot turn left taking weight onto left foot
22 Step right foot beside left
23&24 Shuffle side left left-right-left
- 25-26 Step right across behind left, step left to the side
27&28 Step right across in front of left, step left to the side, step right across behind left
29-30 Rock/step left foot to the side, rock/replace weight on right turning slightly toward left diagonal & pushing hips back (straighten right leg pushing knee back)
& Push hips slightly forward relaxing right knee
31&32& With weight on right foot & still facing diagonal push hips forward, back, forward, back
This move is really only using the right knee and is more a pelvic push than a hip push. When the knee is straightened the hips are back, forward when bent. It's easier to do than to describe believe me
- 33 Rock/step left foot backward making $\frac{1}{8}$ turn left (to face 9:00 wall)
34 Rock forward onto right foot
35&36 Shuffle forward left-right-left
37-38 Step right forward, make $\frac{1}{2}$ pivot turn left stepping forward onto left foot
39 Make $\frac{1}{4}$ turn left on ball of left foot & step right foot to the side
40 Step left across behind right foot
- 41-42 Step right foot to the side, step left across in front of right
43&44 Step right to the side, step left across behind right, step right to the side
45-46 Rock/step left foot across in front of right turning body $\frac{1}{8}$ right to face diagonal, rock backward onto right to face front
- The next 10 steps, counts 47-55 are all done to the diagonal**
47&48 Step left slightly forward toward left diagonal, step right beside left foot, step left beside right - this is basically a triple step in place
49-50 Step right forward (toward diagonal), touch left foot beside right
51&52 Shuffle forward (toward diagonal) left-right-left
53-54 Step right forward, make $\frac{1}{2}$ pivot turn left stepping forward onto left foot

- 55-56 Rock/step right foot forward, rock backward onto left turning slightly right to face the back wall (6:00)
- 57-58 Step right to the side, step left foot across in front of right
- 59&60 Shuffle to the right side right-left-right
- 61&62 Shuffle to the left side left-right-left
- 63 Step right foot across in front of left making $\frac{1}{2}$ turn left
- 64 Make further $\frac{1}{2}$ turn left on ball of right foot & step left foot forward
- 63-64 is basically a cross unwind step making a full turn**

REPEAT
