Monique's Waltz

拍數: 24

級數: Improver waltz

編舞者: Judith Campbell (NZ)

音樂: He Broke Your Memory Last Night - Reba McEntire

I have dedicated this dance to my daughter Monique

SIDE BALL CHANGE, SHUFFLE ACROSS, SIDE BALL CHANGE, DRAG, TAP

Step right foot to right side, step left foot to left, shuffle right foot across in front of left &1-2&3 &4-5-6 Step left foot to left side, step right foot to right, drag left foot in towards to right, tap left next to right

BALL CHANGE (BEHIND), STEP ½ PIVOT, (TURNING A FULL TURN FORWARD) SHUFFLE FORWARD ON RIGHT FOOT (TURNING TO LEFT), ROCK FORWARD AND BACK

- &1-2-Step left foot behind right, step right foot forward ½ pivot to left foot, step onto left foot
- 3&4-5-6 Turning a 1/4 left step diagonally back right foot, still turning close left foot to right, still turning step right foot forward, rock forward on left foot, rock back on right foot

Alternative: instead of the full turn just shuffle right forward (right-left-right), rock forward and back:

BALL CHANGE CROSS, STEP SWAY LEFT AND RIGHT, BALL STEP TURNING ¼ RIGHT, TURN, TURN

- &1-2-3 Step left foot behind right, step right foot across in front of left, step left foot to left side sway hips to left then to right
- &4-5-6 Step left foot behind right, turn ¼ to right as you step right foot forward, turn ½ right step back on left foot, turn 1/2 to right step forward on right foot

Alternative for the full roll: turn your ¼ to right on the ball step, then do 2 walks forward (left, right)

STEP 45 DEGREES BACK LEFT, CROSS RIGHT OVER LEFT, CHANGE, CROSS, SLOW UNWIND

- Step left foot back on diagonal left, cross right foot over left, a quick step in place with the left 1-2&3 foot, step right foot diagonally back to right
- 4-5-6 Cross left foot over right, slowly unwind 1/2 finishing with the weight on left foot

REPEAT

FINISH

The music slows slightly at the last counts of the dance, just slow down and unwind 34 if you wish a touch the hat brim on the last wee piece of music.





牆數:4