

Mone Back

拍數: 32 牆數: 2 級數: Improver
編舞者: Jean Edwards (USA)
音樂: Garbage Man - Merle Haggard



SIDE ROCKS, CROSS SHUFFLES (TWICE)

1-2 Rock right to right, recover on left foot
3&4 Step right over left, step left back slightly, step right over left
5-6 Rock left to left side, recover on right foot
7&8 Step left over right, step right back slightly, step left over right

STEP LOCK BACKWARD, STEP BACK, ½ TURN (TWICE)

1&2 Right camel walk backward. Stepping right back, step left back locking over right, step right back
3-4 Step back on left foot making ½ turn left (back over left shoulder), step right to right side
5&6 Left camel walk backward, stepping left back, step right back locking over left, step left back
7-8 Step back on right making ½ turn right (back over right shoulder), step left to left side

TOE TAPS ¼ TURN RIGHT, JAZZ BOX ¼ TURN RIGHT

1-2 Touch right toe out to right side, touch right toe beside left foot
3-4 Step right foot to right making ¼ turn right, step left foot beside right foot
5-6 Cross right foot over left foot, step back on left
7-8 Step right foot to right side making ¼ turn right, step left beside right foot

SIDE ROCKS, TOE HEEL STRUTS (TWICE)

1-2 Rock right foot out to right side, recover on left foot
3-4 Cross right toe over left foot, slap right heel down (taking weight)
5-6 Rock left foot out to left side, recover on right foot
7-8 Cross left toe over right foot, slap left heel down (taking weight)

REPEAT
