Mon Cheri (P)



拍數: 48 編數: 4 級數: Intermediate partner dance

編舞者: Ethelene Tollison (USA) & Jack Tollison (USA)

音樂: Mon Cheri - The Georgia Satellites



Position: Man behind lady with man's right hand on lady's hip and lady's right hand on top of his. Lady's left hand in man's slightly raised left hand. Footwork is same

STEP, SLIDE, RIGHT SIDE SHUFFLE, HEEL BOUNCES

1-2 Step right to side, slide/step left beside right

3&4 Step right to side, step left beside right, step right to side5-8 Touch left slightly forward, bounce left heel three times

1/2 TURN LEFT, VINE RIGHT, HEEL BOUNCES

Hold left hands while making turn. Rejoin right hands after turn

1-2 Step left to side, turn ½ left and step right beside left Position: lady is now behind man and hands are held slightly down

3&4 Step left behind right, step right to side, touch left diagonally forward

5-8 Bounce left heel four times

STEP. SLIDE. STEP. TOE TOUCHES

1-2 Step left to side, slide/step right beside left

Man raise left arm

3-4 MAN: Turn ¼ left and step left forward, touch right beside left

LADY: Turn 1/4 left and step left slightly forward, touch right beside left

Turn will be under man's raised left arm

Lady is in front of man, right hands on lady's hip, left hands held slightly up

5-8 Step right to side, touch left behind right, step left beside right, touch right behind left

STEP, HIP BUMPS, STEP, HIP BUMPS

1-2 Step right forward, bump right hip forward

3&4 Bump left hip back, bump right hip forward twice

5-6 Step left forward, bump left hip forward

7&8 Bump right hip back, bump left hip forward twice

ROCK, TRIPLE STEP, ROCK, TRIPLE STEP

1-2 Rock right forward, recover to left
3&4 Triple in place stepping right, left, right
5-6 Rock left back, recover to right
7&8 Triple in place stepping left, right, left

1/2 TURN, SHUFFLE, 1/2 TURN, SHUFFLE

Release both hands

1-2 Step right forward, turn ½ left (weight to left)

3&4 Shuffle forward right, left, right

5-6 Step left forward, turn ½ to right (weight to right)

7&8 Shuffle forward left, right, left

REPEAT