

Momma's Bump

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Tom Clemons (USA)
音樂: Just Be Good to Me - Deborah Cox



- 1-2&3-4 Weave left, $\frac{3}{4}$ turn, pop left knee on 4
5&6 Coaster step left
7&8 Kick right foot forward, recover back on right foot (attitude check), look over right shoulder, shift weight back on right, shift weight back to left
- 1&2 Shuffle right foot forward
3 Step down on left pressing down like you're springing forward
4&5 Sweep right foot into sailor step
6 Pop left knee out & in
7&8&1 Kick left foot out slightly, shift weight to left, point right toe out
- 2-3-4 $\frac{1}{4}$ turn right, body into a "sit back" position, push up from left foot kick right foot out
5&6 Coaster step ($\frac{1}{4}$ turn on 7)
7&8 Shuffle side to side left
- 1&2 Sailor step left
3 Cross left over right
4 Point right toe out
5 Cross right over left and kick out
6 Swing right out to side toe point kick
7&8 Sweep right into sailor step
- 1 Pop left knee out
2 Pop left knee in
3&4 $\frac{3}{4}$ turn shift weight to right foot, pop right knee on 4
5&6 Coaster step
7&8 Shuffle forward left $\frac{1}{4}$ turn right
- 1&2 Sailor step $\frac{1}{4}$ turn prep right foot out
3 Step left foot forward $\frac{1}{2}$ turn pivot on left ball of foot(leave left foot in place)
4 Pop left knee out on 4
5&6 Coaster step
7 Step right foot forward $\frac{1}{2}$ turn pivot on right ball(leave right foot in place)
8 Pop right knee out on 8
- 1&2 Coaster step
2&3 Tap & tap left toe slight out $\frac{1}{4}$ turn right
5&6 Tap & tap right toe $\frac{1}{2}$ turn right
7 Tap
8&1 Tap press out cross left over right
- 2&3 Tap & tap right toe out
45 Full turn right
6&7 $\frac{1}{4}$ turn right step left foot out cross left over right foot
8&1 Cross right foot over left (begin new wall on 1)

REPEAT
