

Moments Like This (P)

COPPER KNOB
BY STEPHEN METZ

拍數: 64 牆數: 0 級數: Partner
編舞者: Jacquie Winchester (UK)
音樂: Moments - Brushwood



Position: Start facing partner, man facing OLOD, double hand hold

MAN'S STEPS

1-2 Step left to left, hold
3&4 Cross right behind left, step left to left, cross right over left
5-6 Rock left on left, recover onto right
7&8 $\frac{3}{4}$ Turning shuffle to left

Release hands on turn

9-10 Step forward right, pivot $\frac{1}{2}$ turn left
11&12 Shuffle forward on right, left, right
Pick up mans right hand & lady left hand, man positioned slightly behind lady

13&14 Rock left on left, recover onto right, cross left over right
15&16 Rock right on right, recover onto left, cross right over left

Lady will pass in front of man, mans right arm passing over lady head with each cross over

17&18 Rock left on left, recover onto right, cross left over right
& Turning $\frac{1}{8}$ left step right to right
19&20 Cross left over right, turning $\frac{1}{8}$ left step right to right, cross left over right ($\frac{1}{4}$ turn left in total)
Traveling towards LOD, mans right arm will again pass over lady head on cross over, end facing partner
21-24 Step right to right, touch left beside right, turning $\frac{1}{4}$ left step forward on left, touch right beside left

25-28 Step right to right, cross left behind right, step right to right, touch left beside right
Releasing hands, man passes behind lady to end in side by side, pick up man's left hand & lady right hand
29-32 Rock forward on left, rock back on right, rock back on left, rock forward on right

33-34 Step forward on left, pivot $\frac{1}{2}$ turn right
35&36 Shuffle forward on left, right, left
On pivot turn change hands to mans right hand & lady right hand

37-38 Rock forward on right, rock back on left
39&40 Shuffle back on right, left, right
Lady turns under mans right arm on her pivot, bring arms down to end with them in front of lady after shuffle turn

41-42 Rock back on left, rock forward on right
43&44 Shuffle slightly forward on left, right, left
Change hands as lady rolls across to mans left hand & lady right hand
45-46 Walk forward right, left
47&48 Shuffle forward on right, left right

49-50 Small step to left with left foot, cross right behind left
51&52 Shuffle left on left, right, left
Releasing hands lady passes in front of man, pick up mans right hand & lady left hand
53-54 Walk forward right, left

55&56 Shuffle forward on right, left right

57-58 Full turn right traveling down LOD on left, right
59&60 Shuffle forward on left, right, left
Release hand on turn, pick up mans right hand & lady left hand (turn can be replaced with walk, walk)
61-62 Rock forward on right, rock back on left
63&64 Turning ¼ right step right to right, step left beside right, cross right over left
End facing partner, pick up other hand to regain starting position

REPEAT

LADY'S STEPS

1-2 Step right to right, hold
3&4 Cross left behind right step right to right, cross left over right
5-6 Rock right on right, recover onto left
7&8 ¾ Turning shuffle to right

9-10 Step forward left, pivot ½ turn right
11&12 Shuffle forward on left, right, left
Pick up man's right hand & lady left hand, man positioned slightly behind lady

13&14 Rock right on right, recover onto left, cross right over left
15&16 Rock left on left, recover onto right, cross left over right

Lady will pass in front of man, mans right arm passing over lady head with each cross over

17&18 Rock right on right, recover onto left, cross right over left
& Turning 1/8 right step left to left
19&20 Cross right over left, turning 1/8 right step left to left, cross right over left (¼ turn right in total)

Traveling towards LOD, mans right arm will again pass over lady head on cross over, end facing partner

21-24 Step left to left, touch right beside left, turning ¼ right step forward on right, touch left beside right

25-28 Step left to left, cross right behind left, step left to left, touch right beside left
Releasing hands, man passes behind lady to end in side by side, pick up mans left hand & lady right hand
29-32 Rock forward on right, rock back on left, rock back on right, rock forward on left

33-34 Rock forward on right, rock back on left
35&36 Shuffle ½ turn right on right, left, right
On pivot turn change hands to mans right hand & lady right hand

37-38 Step forward left, pivot ½ turn right
39&40 Shuffle ½ turn right on left, right, left

Lady turns under mans right arm on her pivot, bring arms down to end with them in front of lady after shuffle turn

41-42 Rock back on right, rock forward on left
43&44 Roll full turn left across in front of man on shuffle
Change hands as lady rolls across to mans left hand & lady right hand

45-46 Walk forward left, right
47&48 Shuffle forward on left, right, left

49-50 Small step right to right, cross left behind right
51&52 Shuffle right on right, left, right
Releasing hands lady passes in front of man, pick up mans right hand & lady left hand
53-54 Walk forward left, right

55&56 Shuffle forward on left, right, left
57-58 Full turn left traveling down LOD on right, left
59&60 Shuffle forward on right, left, right

Release hand on turn, pick up mans right hand & lady left hand (turn can be replaced with walk, walk)

61-62 Rock forward on left, rock back on right

63&64 Turning $\frac{1}{4}$ left step left to left, step right beside left, cross left over right

End facing partner, pick up other hand to regain starting position

REPEAT
