Moments In The Past



拍數: 32 牆數: 4 級數: Intermediate

編舞者: John Bailey (CAN)

音樂: Sing for Me (Soundfactory Radio Edit) - Andreas Johnson



2 SCISSOR STEPS, UNWIND full turn & 1/4 TURN OVER RIGHT SHOULDER, RIGHT COASTER STEP

1&2	Step right to right side, bring left beside right, cross right over left
3&4	Step left to left side, bring right beside left, cross left over right

Unwind full turn & ¼ turn over your right shoulder (weight ends on left)
Right coaster step (step back right, bring left beside right, step forward right)

Alternative

Rock right to right side, recover on left, cross right over left Rock left to left side, recover on right, cross left over right

Unwind an 1/8 of a turn, continue another 1/8 of a turn (weight ends on left)
Right coaster step (step back right, bring left beside right, step forward right)

LEFT SIDE SHUFFLE, RIGHT CROSS SHUFFLE, 1/4 TURN LEFT, 1/2 TURN LEFT, LEFT COASTER STEP

1&2	Step left to left, bring right beside, step left to left
3&4	Cross right over left, step left to left, cross right over left
5-6	Step a ¼ turn left with left, step a ½ turn left with right

7&8 Left coaster step (step back with left, bring right beside left, step forward left)

SHUFFLE FORWARD TWICE, STEP FORWARD LEFT, PIVOT A 1/4 TURN LEFT, CROSS, BACK, TOUCH

1&2	Shuffle forward leading with right (step forward right, bring left beside right, step forward right)
3&4	Shuffle forward leading with left (step forward left. Bring right beside left, step forward left)
5-6	Step forward right, pivot a ¼ turn left (weight ends on left)

7&8 Cross right over left, step back left, touch right toe forward

ROCK BACK RIGHT, RECOVER, STEP FORWARD RIGHT, SHUFFLE FORWARD LEFT, STEP FORWARD RIGHT, PIVOT A ½ TURN LEFT, RIGHT KICK BALL CROSS

1&2	Rock back on right, recover on left, step forward on right
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3&4 Shuffle forward leading with left5-6 Step forward right, pivot a ½ turn left

7&8 Kick right forward, step down on the ball of right foot, cross left over right

REPEAT