

Moments (P)

拍數: 80 牆數: 0 級數: Partner
編舞者: K & M
音樂: Moment of Truth - Suzy Bogguss



Position: Right Open Promenade Position holding inside hands, steps are mirror image unless stated

STEP LOCK CHA-CHA, STEP LOCK CHA-CHA-CHA

1-2 Step forward right lock left behind right (lady's steps are mirror image)
3&4 Right cha-cha-cha forward
5-8 Repeat steps 1-4 starting on left

ROCK STEP, ½ TURN CHA-CHA-CHA TWICE

9-10 Rock forward on right, rock back onto left
11&12 Cha-cha-cha turning ½ turn right changing hands as you turn
13-16 Repeat steps 9 -12 starting on left RLOD

Changing hands on return back to LOD

STEP PIVOT TURN, CHA-CHA-CHA, INTO A PINWHEEL, CHA-CHA-CHA

Release hands as you start turn

17-18 Step forward on right, pivot ½ turn left
19&20 Make a ¼ turn left on cha-cha-cha, to face OLOD
Pick up lady's right hand with left, right hand on lady's waist (end facing lady slightly to her right)
21-22 Step right, left
23&24 Cha-cha-cha making a complete turn finishing in Side By Side (Sweetheart) LOD
Lady will make 1 ¼ turns right

WALK WALK, CHA-CHA-CHA TWICE

25-26 Walk forward right left
27&28 Cha-cha-cha forward
29-30 Walk forward left, right
31&32 Cha-cha-cha forward

MAN:

33-34 Walk forward right, left
Turning lady under right arm, to her left to face RLOD in cross arm position
35&36 Cha-cha-cha forward
37-38 Step back left, right
39&40 Cha-cha ½ turn right to face RLOD into Windows

WALK WALK, CHA-CHA-CHA, ROCK TURN, CHA-CHA-CHA

41-42 Walk forward right, left
43&44 Cha-cha-cha forward
45-46 Rock forward on left, back on right
47&48 Cha-cha-cha turning ½ turn left into cross arm (VW) position

STEP LOCK, CHA-CHA-CHA TWICE

49-50 Step forward right lock, left behind right
51&52 Cha-cha-cha forward
53-56 Repeat count 49-52 on opposite foot

LADY:

33-34 Walk forward left right
Turning ½ turn to her left to face man in cross arm position
35&36 Cha-cha-cha backward
37-38 Walk forward right left, turning ½ turn left to LOD
39&40 Cha-cha-cha into Windows

WALK WALK, CHA-CHA-CHA, ROCK TURN, CHA-CHA-CHA

41-42 Walk back left, right
43&44 Cha-cha-cha backward
45-46 Rock back on right forward onto left
47&48 Cha-cha-cha making full turn right into LOD into cross arm (VW) position

STEP LOCK, CHA-CHA-CHA TWICE

49-50 Step forward left lock, right behind left
51&52 Cha-cha-cha forward
53-56 Repeat count 49-52 on opposite foot

BOTH:

CHANGING PLACES, STEP LOCK, CHA-CHA-CHA TWICE

Man moves behind lady on the following steps into cross arm (VW) position

57-58 Step right to right, slide left up to right
59&60 Cha-cha-cha moving right
61-62 Step forward right lock left behind right
63&64 Cha-cha-cha forward
65-66 Step forward left lock right behind left
67&68 Cha-cha-cha forward

CHANGING PLACES, ROCK STEP CHA-CHA, ROCK STEP, CHA-CHA-CHA

Man moves behind lady on the following steps into start position holding inside hands

69-70 Step left to left, step right up to left
71&72 Cha-cha-cha moving left (lady moves right)
73-74 Rock forward onto right, back onto left
75&76 Cha-cha-cha backwards
77-78 Rock back onto left, forward onto right
79&80 Cha-cha-cha forward

REPEAT
