Mmmm Sweet Nothings



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Judith Campbell (NZ)

音樂: Sweet Nothings - The Deans



Start dance on the word "ear". All hand movements are optional

STEP SCUFF STEP SCUFF - TWO HALF PIVOTS

Step forward on right, scuff left forward, step forward on left, scuff right forward 5-8

Step forward on right, ½ pivot to left, step forward on right, ½ pivot to left

FOUR SIDE CROSS STRUTS TO RIGHT (WITH RIGHT FINGER CLICKS)

1-4 Step right to right on toe, drop heel, step left across in front of right toe, drop heel

5-8 Step right to right on toe, drop heel, step left across in front of right toe, drop heel (clicking

fingers of right hand waist level on the heel drops)

STEP 45 RIGHT WITH HIP PUSHES FORWARD AND BACK - SHUFFLE FORWARD - REPEAT ALL TO LEFT

1-2-3&4 Step right forward on the 45 pushing right hip forward then push left hip back, shuffle forward

(right-left-right)

5-6-7&8 Step left forward on the 45 pushing left hip forward then push right hip back, shuffle forward

(left-right-left)

JAZZ BOX WITH ½ TURN TO RIGHT - CROSS RIGHT OVER LEFT - HOLD - UNWIND FULL TURN TO LEFT - HOLD

1-4 Cross right foot over left, step back on left turning ½ to right, step forward on right, step left

next to right

5-8 Cross right over left, hold, unwind full turn to left, hold (weight finishes on left foot)

SIDE/STEP TOGETHER - SIDE TOGETHER - BIG STEP TO LEFT - DRAG - TAP RIGHT BEHIND LEFT

1-4 Step right to right side, close left foot next to right, step right to right side, close left foot next

to right (small steps using hips in opposition to feet) optional

5-8 Take a big step to left side, dragging in right foot towards left for 2 counts, tap right foot

behind left (clicking right hand over head to left on the tap)

STEP RIGHT TO RIGHT AND SWIVEL 1/4 TO LEFT CLICKING RIGHT FINGERS (USING SHOULDERS SHIMMIES)

1 Big step right to right side, (bending knees)

2-8 Slowly turning ¼ to left just swiveling the feet with knees bent (bringing right hand down and

click fingers for 8 counts while doing shoulder shimmies)

SIDE SHUFFLE TO RIGHT - ROCK RECOVER - SIDE SHUFFLE TO LEFT - ROCK RECOVER

1&2-3-4 Shuffle to right side (right-left-right) (side together side), rock back on left, rock forward on

right

5&6-7-8 Shuffle to left side (left-right-left) (side together side), rock back on right, rock forward on left

SHUFFLE FORWARD TURNING ½ TO LEFT - SHUFFLE BACK TURNING ½ TO LEFT (MOVING IN SAME DIRECTION)

1&2-3&4 Shuffle forward (right-left-right) turning ½ to left, step back on left turning ½ to left (left-right-

left)

2 WALKS FORWARD - TAP RIGHT FOOT TO RIGHT SIDE - HOLD

Two walks forward right, left, tap right toe to right side, hold (pointing both index fingers to right foot on the tap)

REPEAT

5-8

ENDING

Cross unwind to finish front (counts 29-32), click right fingers on last beat