

The MMC (Make Mine Country)

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Donna Wasnick (USA)
音樂: Wink - Neal McCoy



Begin after 16 count intro. to keep dance phrased to song.

STEP SCOOTS

- 1 Step right forward
- 2 Scoot on right bring left knee up and clap
- 3 Step left forward
- 4 Turn ½ left and bring right knee up and clap
- 5 Step right forward
- 6 Scoot on right bring left knee up and clap
- 7 Step left forward
- 8 Keeping weight on left bring right knee up without scooting and clap

BRUSH FORWARD & BACK & CROSS POINT X TURN STOMP STOMP

- 9 Brush ball of right forward
- 10 Brush ball of right back
- &11 Step right back (a little), cross left over right
- 12 Point right toe to right side
- 13 Cross right over left
- 14 On balls of feet turn ½ left (unwind) ending with weight on left
- 15 Stomp right up
- 16 Stomp right up

SHUFFLE, TURN ½ RIGHT, SHUFFLE, TURN ½ LEFT

- 17&18 Step right forward, step left next to right, step right forward
- 19 Step left forward
- 20 On balls of feet turn ½ right with weight ending on right
- 21&22 Step left forward, step right next to left, step left forward
- 23 Step right forward
- 24 On ball of feet turn ½ left with weight ending on left

DIAMOND-TWIST ½-TWIST ¼

- 25 Cross step right over left
- 26 Step left back
- 27 Step right to right side
- 28 Step left forward in front of right (keep feet close together)
- 29-30 Bend knees down and swivel ½ right on balls of feet coming back up as you finish
- 31-32 Bend knees down and swivel ¼ left on balls of feet coming back up as you finish (you are now facing 3:00-end with weight on left)

KICKS FORWARD, BACK, FORWARD, TURN ½

- 33 Kick the heel of right foot forward
- 34 Kick the heel of right foot forward
- 35 Kick the heel of right foot back
- 36 Kick the heel of right foot back
- 37 Kick the heel of right foot forward

- 38 On ball of left foot turn ½ left and kick right foot back (sometimes called a 'flick'-now facing 9:00)
- 39 Stomp step right forward
- 40 Stomp left next to right (weight now on left)

HEEL SLAPS, UUGH

- 41 Touch right heel forward
- 42 On ball of left foot turn ¼ left and slap right hand to right heel of boot (you are now facing 6:00)
- 43 Step down on right bending at both knees and bring both fisted hands forward
- 44 Come back up and pull hands back (vocal optional)
- 45 Touch left heel forward
- 46 Slap left hand to left heel of boot
- 47 Step down on left bending at both knees and bring both fisted hands forward
- 48 Come back up and pull hands back (vocal uugh!) (weight on left)

REPEAT
