

M - J.E.M.

拍數: 48 牆數: 4 級數: Improver
編舞者: Michael McChord (UK)
音樂: He's Got You - Brooks & Dunn



FULL TURN TO RIGHT, WITH STOMP

- 1 Turn ¼ right on ball of right foot
- 2 Turn ½ right on ball of left foot
- 3 Turn ¼ right on ball of right foot
- 4 Stomp left foot in place (weight on left foot)

ROCK STEPS, RIGHT COASTER

- 5 Rock forward on right foot
- 6 Rock back onto left foot, in place
- 7 Step back on right foot
- & Step back on left foot
- 8 Step forward on right foot

ROCK STEPS, LEFT COASTER

- 9 Rock forward on left foot
- 10 Rock back onto right foot, in place
- 11 Step back on left foot
- & Step back on right foot
- 12 Step forward on left foot

HEEL JACKS (VAUDEVILLE STEPS)

- 13 Step to right (slightly back) on right foot
- & Touch left heel to left side
- 14 Step on left foot in place
- & Step on right foot beside left
- 15 Step to left (slightly back) on left foot
- & Touch right heel to right side
- 16 Step on right foot in place
- & Touch left foot beside right

FULL TURN TO LEFT, WITH STOMP

- 17 Turn ¼ right on ball of left foot
- 18 Turn ½ right on ball of right foot
- 19 Turn ¼ right on ball of left foot
- 20 Stomp right foot in place (weight on right foot)

ROCK STEPS, LEFT COASTER

- 21 Rock forward on left foot
- 22 Rock back onto right foot, in place
- 23 Step back on left foot
- & Step back on right foot
- 24 Step forward on left foot

ROCK STEPS, RIGHT COASTER

- 25 Rock forward on right foot
- 26 Rock back onto left foot, in place

- 27 Step back on right foot
- & Step back on left foot
- 28 Step forward on right foot

HEEL JACKS (VAUDEVILLE STEPS)

- 29 Step to left (slightly back) on left foot
- & Touch right heel to right side
- 30 Step on right foot in place
- & Step on left foot beside right
- 31 Step to right (slightly back) on right foot
- & Touch left heel to left side
- 32 Step on left foot in place
- & Step on right foot beside left

STOMP, KICK, CROSS, UNWIND

- 33 Stomp left foot beside right
- 34 Kick right foot forward
- 35 Cross right foot over left
- 36 Unwind $\frac{1}{2}$ turn to left (weight on right foot)

KICK FRONT, SIDE, LEFT SAILOR

- 37 Kick left foot forward
- 38 Kick left foot to left side
- 39 Cross left foot behind right
- & Step on right foot beside left
- 40 Step on left foot in place

KICK FRONT, SIDE, RIGHT SAILOR

- 41 Kick right foot forward
- 42 Kick right foot to right side
- 43 Cross right foot behind left
- & Step on left foot beside right
- 44 Step on right foot in place

HEEL SWITCHES, TURN, STOMP

- 45 Touch left heel forward
- & Step on left foot in place
- 46 Touch right heel forward
- & Step on right foot in place
- 47 Touch left heel forward turning 3 turn to right
- & Step on left foot in place
- 48 Stomp-up right foot beside left

REPEAT
