

Mixed Feelings

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Zandra Varnham (SCO)
音樂: Funny Familiar Forgotten Feelings - Tom Jones



RIGHT TWINKLE, LEFT ROCK AND TOUCH

1-3 Cross right over left, step down on the left, step right next to left
4-6 Cross rock left over right, recover weight onto right, touch left next to right

FULL TURN LEFT, ¾ TURN LEFT

1-3 Step left ¼ turn to the left, ½ turn left while stepping back on right, step left ¼ turn to left (12:00)
4-6 Step right ¼ turn to the left, ½ turn left stepping forward left, step forward right

LEFT TWINKLE, RIGHT ROCK AND TOUCH

1-3 Cross left over right, step down on the right, step left next to right
4-6 Cross rock right over left, recover weight onto left, touch right next to left

FULL TURN RIGHT, ¾ TURN RIGHT

1-3 Step right ¼ turn to the right, ½ turn right while stepping back on left, step right ¼ turn to the right
4-6 Step left ¼ turn to the right, ½ turn right stepping forward right, step forward left

RIGHT TWINKLE, ½ TURN LEFT TWINKLE

1-3 Cross right over left, step down on the left, step right next to left
4-6 Cross left over right, step right back ¼ turn left, step left to left side ¼ turning left

RIGHT TWINKLE, ½ TURN LEFT TWINKLE

1-3 Cross right over left, step down on the left, step right next to left
4-6 Cross left over right, step right back ¼ turn left, step left to left side ¼ turning left

STEP, ½ TURN, STEP, ROCK, ROCK, STEP

1-3 Step forward on right while ¼ turning to the left, step left forward while ½ turning left, step forward right
4-6 Rock forward on left, rock back on right, step back left

ROCK, ROCK, STEP, SWAY HIPS X3

1-3 Rock back on right, rock forward on left, step right shoulder width apart from left
4-6 Sway hips left, sway hips right, sway hips left

REPEAT
