

Mix It Up

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 0 級數:
編舞者: Pepper Siquieros (USA)
音樂: The First Thing Smokin' - Dwight Yoakam



Position: Partners start facing each other. Outside partner faces inside the dance floor, Inside partner faces outside the dance floor. Steps are the same for both partners

SIDE RIGHT, KICK/CLAP, SIDE LEFT, TOUCH/CLAP, SIDE RIGHT, TOGETHER, RIGHT, STOMP/CLAP

- 1-2 Step right foot to right side, kick left forward and diagonally to right (away from partner) and clap left hand with partners left hand
- 3-4 Step left foot to left side (you should be facing your partner again), touch right next to left and clap both hands forward with partner
- 5-8 Step right to right side, step left next to right, step right to right side, stomp left next to right and clap left hand with partners left hand (weight stays on right)

THREE STEP SCUFFS ¾ TURN TO THE LEFT AROUND PARTNER, STEP, SCUFF

Look over your left shoulder at your partner (evil eye) and keeping left shoulder to partner's left shoulder, do step scuffs in a ¾ circle to the left around your partner

- 1-2 Step forward on left, make ¼ turn left as you scuff right
- 3-4 Step forward on right, make ¼ turn left as you scuff left
- 5-6 Step forward on left, make ¼ turn left as you scuff right
- 7-8 Step forward on right, scuff left forward

Partners end up side by side, left hip to partners left hip. Outside partner faces LOD, inside partner faces RLOD

3 WALKS FORWARD, KICK/CLAP, 3 WALKS BACK, STOMP/CLAP

- 1-4 Walk forward left, right, left, kick right foot forward and clap

Slap left hands with someone to your left if you can

- 5-8 Walk back right, left, right, stomp left next to right and clap (weight stays on right)

Partners end up side by side, left hip to partners left hip. Outside partner faces LOD, inside partner faces RLOD

BUMP UP-OUT, BUMP DOWN-OUT, STEP, SLIDE, STEP, SCUFF WITH ¼ TURN

- 1-2 Step side left and bump hips slightly up and left with partner, bump hips to right
- 3-4 Bend knees and bump hips down and left with partner

Rise up and bump hips to right shifting weight to right foot

The following steps move you forward to the next partner. Adjust length of steps to meet new partner halfway:-

- 5-6 Step forward on left, slide right up to left
- 7-8 Step forward on left, scuff right foot into ¼ turn left to face with your new partner

Weight stays on left foot

REPEAT