

Mistrust

拍數: 36
編舞者: Brian Dalton (UK)
音樂: Mistrust

牆數: 2

級數: waltz



HALF A WALTZ BOX FORWARD (LOOK RIGHT)

- 1 Step forward on left foot
- 2 Step right foot to right side
- 3 Close left foot to right foot (turn head right as you do these steps)

HALF A WALTZ BOX BACKWARD (LOOK LEFT)

- 4 Step backwards on right foot
- 5 Step left foot to left side
- 6 Close right foot to left foot (turn head left as you do these steps)

SIDE STEP WALTZ

- 7 Step left foot to left side
- 8 Close right foot to left
- 9 Close left foot to right

SIDE STEP WALTZ

- 10 Step right foot to right side
- 11 Close left foot to right
- 12 Close right foot to left

WALTZ TURN HALF LEFT

- 13 Step left foot forward while starting to turn $\frac{1}{2}$ turn left
- 14 Close right foot to left foot while completing the turn
- 15 Close left foot to right foot

WALTZ TURN $\frac{3}{4}$ LEFT

- 16 Step right foot forward while starting to turn $\frac{3}{4}$ turn left
- 17 Close left foot to right foot while completing the turn
- 18 Close right foot to left foot

FORWARD WALTZ

- 19 Step forward on left foot
- 20 Close right foot to left
- 21 Close left foot to right

BACKUP WALTZ

- 22 Step backwards on left foot
- 23 Close right foot to left
- 24 Close left foot to right

TWISTY VINE 3 LEFT

- 25 Step left foot to left side
- 26 Cross right foot behind left while twisting body right
- 27 Step left foot to left side

CROSS, SIDE, CLOSE

- 28 Step right foot across in front of left

- 29 Step left foot to left side
- 30 Close right foot to left

CROSS TURN $\frac{1}{4}$ RIGHT

- 31 Step left foot across in front of right while turning $\frac{1}{4}$ turn right
- 32 Close right to left
- 33 Close left to right

HALF TURN LEFT WALTZ

- 34 Step right foot forward while turning $\frac{1}{2}$ turn left
- 35 Close left foot to right
- 36 Close right foot to left

REPEAT
