Mister Fix-It



拍數: 36 牆數: 4 級數: Improver

編舞者: William Sevone (UK)

音樂: Gonna Fix You Good (Everytime You're Bad) - Little Anthony & The Imperials



4X SIDE STEP-TOE STAMP WITH EXPRESSION & CLAP

1-2 Step right foot to right side, (dip right shoulder) stamp left toe next to right foot & clap hands

at head height

3-4 Step left foot to left side, (dip left shoulder) stamp right toe next to left foot & clap hands at

head height

5-6 Step right foot to right side, (dip right shoulder) stamp left toe next to right foot & clap hands

at head height

7-8 Step left foot to left side, (dip left shoulder) stamp right toe next to left foot & clap hands at

head height

STEP FORWARD-LOCKSTEP WITH EXPRESSION, SCUFF-STEP FORWARD-LOCKSTEP WITH EXPRESSION, ROCK STEP, RECOVER

9 Step forward onto right foot

10-11 Lock left foot behind right, step forward onto right foot

Dance note: on counts 9-11, turn body left, head forward, right arm extended forward

& Scuff left foot forwardStep forward onto left foot

13-14 Lock right foot behind left, step forward onto left foot

Dance note: on counts 12-14, turn body right, head forward, left arm extended forward

15-16 Rock step forward onto right foot, step onto left foot

1/4 RIGHT SIDE STEP, CROSS STEP, 4X TOGETHER-CROSS STEPS, RIGHT 'WING CLIPPER'-STEP-CROSS (OR OPTION)

Turn ¼ right & step right foot to right side, cross step left foot over right

Step right foot next to left, cross step left foot behind right

Step right foot next to left, cross step left foot over right

Step right foot next to left, cross step left foot behind right

Step right foot next to left, cross step left foot over right

Step right foot next to left, cross step left foot over right

23 Kick both feet to right side & clip feet together &24 Step left foot to floor, cross step right foot over left

Option: non-gymnasts can do the following:

23&24 Rock right foot to right side, rock onto left foot, cross step right foot over left

1/4 LEFT STEP FORWARD, SLIDE TOGETHER WITH CLAP, 2X STEP FORWARD-SLIDE TOGETHER WITH CLAP, STEP FORWARD, PIVOT ½ RIGHT WITH CLAP

25-26	Turn ¼ left & step forward onto left foot, slide right foot next to left & clap hands at head
	height
27-28	Step forward onto left foot, slide right foot next to left & clap hands at head height
29-30	Step forward onto left foot, slide right foot next to left & clap hands at head height

31-32 Step forward onto left foot, clap hands at head height & pivot ½ right (weight on right foot)

ROCK, ROCK-ROCK, 1/4 LEFT SIDE STEP, STEP BEHIND

Rock forward onto left foot, rock onto right foot, rock onto left foot

Turn 1/4 left & step right foot to right side, cross step left foot behind right

REPEAT

DANCE FINISH

The dance will finish just after the start of wall 10 (the music will begin to fade out)

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1-6a	S normal	
7-8	Turn ¼ left & step left foot to left side, (dip left shoulder) stamp right toe next to left foot & clap hands at head height	
9-10	Step right foot to right side, (dip right shoulder) stamp left toe next to right foot & clap hands at head height	
11	Step left foot to left side with both hands behind back, hold position for final 8/9 counts during music fade	