Mist Of Desire

拍數: 24

級數: Beginner

編舞者: David Grant (UK)

音樂: Mist of Desire - Alabama

SLIDES, QUARTER TURNS

- Step right on the right, step the left next to the right 1&
- 2& Step right on the right, step the left next to the right
- 3& Step right on the right, step the left next to the right
- 4 Step right on the right
- 5 Turn a quarter turn right and bump the hips to the left
- 6 Bump hips to the right
- 7 Turn a quarter turn right and bump the hips to the left
- 8 Bump hips to the right

SLIDES, ROCK STEPS

- 9& Step left on the left, step the right next to the left
- 10& Step left on the left, step the right next to the left
- 11& Step left on the left, step the right next to the left
- 12 Step left on the left
- 13 Rock forward on the right
- 14 Rock back on to the left
- 15 Rock back on the right
- 16 Rock forward on to the left

STEP, LOCK, STEP, SLIDE, KNEE TURNS

- 17 Step forward on the right
- 18 Lock the left behind the right
- 19 Step forward on the right
- 20 Slide the left up next to the right

Feet and knees together

- Swing both knees to the right 21
- 22 Swing both knees to the left
- 23 Swing both knees to the right
- 24 Swing both knees to the left

REPEAT





牆數:2