Miss You Much



拍數: 0 牆數: 4 級數: Advanced

編舞者: Junior Willis (USA)

音樂: Miss You Much - Janet Jackson



Sequence: A, B, B, B, A, B, B, A, A, B, Tag, B, A, A

PART A

STEP, LOOK, "MISS YOU MUCH" ARM MOTIONS

1 (Bend head down and look at floor) step right foot slightly forward

2 Hold

3 Head back to forward position and look forward

4 Hold

5 Bend left arm at elbow and out in front of chest (hand in fist position), bend right arm at elbow

and place elbow on left hand (hand in fist position)

6 Raise pointer and middle finger up and together

7&8 (Look to left) bend right hand and wrist to left and point fingers out, in, out on 7 & 8

HITCH, TOUCH, KICK, KICK, STEP WITH 1/4 TURN RIGHT, TOUCH, CROSS-STEP, MAMBO

& Hitch right knee and pull arms out to each side, still bent at elbows with closed fists

1 Touch right next to left, letting arms down and opening fists

2 Kick right foot forward

3 Kick right back

4 Step right forward making a ¼ turn to the right

Touch left out to side
Cross-step left over right
Mambo step (right, left, right)

WALK, WALK, STEP BACK, TOE 1/4 TURN LEFT, FRONT BODY ROLL

Step left foot forward
Step right foot forward
Step left foot forward
Step right foot back
Toe left foot back

6 Make a ¼ turn left, ending with weight on both feet

7&8 Body roll up, starting at the knees, ending with weight on left

CROSS-STEP, ½ TURN LEFT, KICK-BALL-CHANGE, CROSS-STEP TOUCH, CROSS-STEP TOUCH

1 Cross-step right foot over left

2 Make a ½ turn to the left, ending with weight on left

3&4 Kick right foot forward, place ball of right next to left, step on left

5 Cross-step right over left

6 Touch left out to side while snapping fingers

7 Cross-step left over right

8 Touch right out to side while snapping fingers

PART B

STEP, HOLD, COASTER, SCUFF, STEP, LUNGE WITH A TOUCH

Step right foot slightly forward

2 Hold

3&4 Coaster (right, left, right)

5&6 Scuff left foot forward, hitch left, step left next to right

7 Lunge with right touch out to right side 8 Touch right next to left SYNCOPATED WEAVE, STEP, STEP, BOUNCE HEELS WITH 1/4 TURN LEFT, COASTER &1 Touch right foot slightly forward and out to right, step left next to right &2 Touch right foot slightly forward and out to right, step left next to right &3 Touch right foot slightly forward and out to right, step left next to right &4 Step right next to left, step left next to right 5&6 Bounce heels three times making a 1/4 turn to the left, kicking left forward on 6 7&8 Coaster (left, right, left) SCUFF, STEP, PUSH ARMS, SCUFF, STEP, PUSH ARMS Scuff right foot forward, hitch right, step right slightly forward 3&4 (Bend arms at elbows, leaving palms up, body slightly diagonal) bend at knees and push up with arms on 3, back up, down on 4 with arm push 5&6 Scuff left foot forward, hitch left, step left slightly forward 7&8 (Bend arms at elbows, leaving palms up, body slightly diagonal) bend at knees and push up with arms on 3, back up, down on 4 with arm push SAILOR, HIP ROLL, HEEL, STEP, TRIPLE Step right behind left, left out to side, touch right out to right side 1&2 3&4 Roll hips to the right ending with weight on left &5 Step right slightly back, place left heel forward &6 Step left back to home position step right forward 7&8 Triple forward (left, right, left) **TAG** WALK, HOLD, WALK, HOLD, WALK, WALK, TOUCH, HITCH WITH CLAP

1-2 (Look down at floor) step right forward and diagonal, hold 2

3-4 (Still looking down) step left forward and diagonal, hold 4

5 (Still looking down) step right directly forward 6 (Still looking down) step left directly forward 7 (Still looking down) touch right ball directly back

8 (Look back up) hitch right and clap!!