

Miss Independent

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Bob Boesel (USA)
音樂: Miss Independent - Kelly Clarkson



CROSS ROCK SIDE, CROSS ROCK SIDE, STEP, LOCK, STEP, ¼ RIGHT, HIP, HIP, HIP

1&2 Cross rock right over left, recover left, step side on right
3&4 Cross rock left over right, recover right, step side on left
5&6 Step forward on right, lock left behind right, step forward on right
8&7&8 Pivot ¼ right on right, step left to side bumping hips left, right, left (weight ends left facing 3:00)

TURN ¼ RIGHT SHUFFLE FORWARD, ½ TURN RIGHT, ½ TURN RIGHT, STEP FORWARD, ROCK FORWARD, RECOVER, STEP BACK, STEP BACK HIPS BACK, FORWARD, BACK

1&2 Turn ¼ right and step forward on right, step left next to right, step forward on right
3&4 Turn ½ right on right stepping back on left, turn ½ right stepping forward on right, step forward on left
5&6 Rock forward on right, recover on left, step back on right
7&8 Step back on left bumping hips back, forward, back (weight ends left facing 6:00)

SAILOR STEP, SAILOR STEP ¼ TURN LEFT, KICK, CROSS STEP, COASTER STEP, SHUFFLE FORWARD

1&2 Step right behind left, step left to side, step right to side
8&3&4 Step left behind right, step right to side starting ¼ turn left, step left forward completing ¼ turn left, kick right forward
5&6& Cross step right over left, step back on left, step together on right, step forward on left
7&8 Step forward on right, step left next to right, step forward on right (facing 3:00)

ROCK FORWARD, RECOVER, ½ TURN LEFT, ½ TURN LEFT, ½ TURN LEFT, STEP FORWARD, ROCK FORWARD, RECOVER, ¼ TURN LEFT STEP SIDE, CROSS, SIDE, BEHIND, ¼ LEFT STEP FORWARD

1&2 Rock forward on left, recover on right, ½ turn left forward on left
3&4 Turn ½ left stepping back on right, turn ½ left stepping forward on left, step forward on right
5&6 Rock forward on left, recover on right, ¼ turn left stepping side on left
7&8& Cross right over left, step side on left, cross right behind left, ¼ turn left step forward on left (facing 3:00)

KICK, STEP, POINT SIDE, KICK, ¼ TURN RIGHT STEP, POINT FORWARD, STEP TOGETHER, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, ¼ TURN RIGHT STEP SIDE

1&2 Kick right forward, step right next to left, point left to left side
3&4& Kick left forward, step left next to right turning ¼ right, point right forward, step right beside left
5&6 Step forward on left, step right next to left, step forward on left
7&8 Rock forward on right, recover on left, ¼ turn right stepping side on right (facing 9:00)

CROSS, ¼ LEFT STEP, ¼ LEFT STEP, CROSS, ¼ RIGHT STEP, ½ RIGHT STEP, ROCK FORWARD, RECOVER, TRIPLE STEP ¾ LEFT

1-2 Cross step left over right, turn ¼ left stepping back on right
3&4& Turn ¼ left stepping side on left, cross step right over left, turn ¼ right stepping back on left, turn ½ right stepping forward on right
5-6 Press forward on ball of left foot, recover weight on right
7&8 Triple step (left, right, left) in place turning ¾ left (facing 3:00)

REPEAT

VERSION NOTES

For Debut album version (4:59) with two breaks (3rd and 6th wall) start dance after 8 count lead in. The breaks are 2 counts and occur after count 40 both times. Pause after completing count 40, right arm straight out to side, palm facing out. Resume count 41 when beat kicks in. No tags or restarts required.

For the single release (3:34) start dance after 16 count lead in. You dance the first 16 counts, then restart. On the second wall dance through count 40, shift weigh to the left foot on the & count and restart a second time. No more adjustments necessary
