Misleading

拍數: 32

級數: Intermediate / Advanced

編舞者: Guyton Mundy (USA) & Pedro Machado (UK)

音樂: Misled - Kool & The Gang

WALKS, FULL TURN, ½ TURN, KICK BALL TOUCH

- 1-2 Walk forward crossing right over left, repeat with left,
- 3-4 Step forward on right, make a full turn to the left stepping forward on left
- 5-6 Step forward on right, make a half turn pivot to the left (with weight ending on left foot.)
- 7&8 Kick right foot forward, step together with right, touch left forward

HIPS AND CHEST BUMPS, KICK, STEP BACK, SWIVEL (TWICE)

- 1&2& Bump hips back, bump to center, bump chest forward, bump back to center
- 3&4 Bump hips back, bump to center, bump body forward stepping on left foot
- 5-6 Kick right forward, touch back on right
- 7-8 Rock back on right with a 1/4 turn to the right, recover back on left with 1/4 turn to the left

STEP ½ TURN, OUT, OUT, KNEE POPS, BODY ROLL, ¼ TURN WITH BALL CHANGE

- 1&2 Step forward on right while making a ½ turn to the left, step left out to left, step right out to right
- 3&4 Pop right knee out, pop right knee in, pop right knee out
- 5-6-7 While bending at knees make a clock wise circle down and then back up

Option: with bent knees rock shoulders right, left, right

&8 Step back on right, step forward on left while making a ¼ turn to the left

WALKS, ½ TURN WITH HEEL POPS, FULL TURN, SAILOR

- 1-2-3 Walk forward on right, walk forward on left, step forward on right
- &4 Bring left heel into right heel while making a ¼ turn to the left, take right heel out to right while making a ¼ turn to the left
- 5-6 Step back on left while making a $\frac{1}{2}$ turn to the left, step back on right making a $\frac{1}{2}$ turn to the left
- 7&8 Step left behind right, step together with right, step forward on left

REPEAT

TAG

The tag happens on the 11th wall of the dance, you can hear the break in the music

- 1-2
- Angle slightly to the left and step forward on right while snapping up with the right hand, lock
- left behind while snapping down with the right hand
- 3-8 Repeat counts 1-2 three more times





牆數:4