

# Misery

拍數: 48  
編舞者: Simon Ward (AUS)  
音樂: Misery - P!nk

牆數: 2

級數: waltz



- 1-3 Turn a full turn right stepping right-left-right traveling right  
**Step count 3 out to right to push off**
- 4-5 Transfer weight onto left pivot/turn 1 ¼ turns left on ball of left foot swinging right around  
&6 Step right slightly to right, take weight onto left (very soft - it's there to keep balance)
- 1-3 Rock/step right forward, rock/step left back turning ½ turn right, step right forward when completed turn  
&4-6 Step left slightly forward, pivot ¼ turn right taking weight onto right, cross/step left over right, step right to right turning ¼ turn left
- 1-3 Step left back & hook right under left knee, step right forward and slightly at right diagonal, step left to left side & slightly forward  
4-6 Turn a full turn right stepping right-left-right
- 1-3 Cross/rock left over right, rock/step right back facing right diagonal, step left back on diagonal dragging right heel  
&4-6 Step right slightly back, turning ½ turn left slightly stepping left forward, step right forward, pivot ½ turn left weight on left  
**Should finish facing same corner as count 1 (cross/rock left over right) though you are on the back wall**
- 1-3 Cross/rock right over left, rock/step left back, step right to right side (facing back wall)  
4-6 Cross/rock left over right, rock/step right slightly back turning ¼ right, complete ¼ turn right stepping left slightly back
- 1-3 Touch ball of right back, pivot ½ turn right taking weight onto left, step right back \*\*  
4-6 Touch ball of left back, take weight onto left rolling left shoulder back, rock/step right slightly forward bringing shoulder forward  
**Option: look over left shoulder slightly on count 5**
- 1-3 Step left forward, pivot ¼ turn right taking weight onto right, cross/step left over right  
4-6 Step right to right side and sway hips right-left-right
- 1-2 Step left to left side and slowly drag right towards left  
&3 Step right slightly behind left, step left to left side  
4-6 Cross/rock right over left, rock/step left back, step right slightly to right side  
& Step left beside right

## REPEAT

## RESTART

**On wall 6 you will dance up to count 33. Then do this:**

- 4-6 Touch left ball back, turn ¼ turn left rolling left shoulder around, take weight onto left  
**Restart (should be facing back wall)**

## VARIATION

**On wall 4 you can replace counts 19-24 with:**

- 1&2-3 Step left at 45 degrees right, step right beside left, step left back on diagonal dragging right heel, continue drag
- &4-6 Step right slightly back, turning  $\frac{1}{2}$  turn left slightly stepping left forward, step right forward, pivot  $\frac{1}{2}$  turn left weight on left

**Counts &4-6 are the same as the dance - you are only changing counts 1-3**

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