

Mirror Cha Cha

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Irene Lloyd (UK)
音樂: I Should Know - The Mavericks



LEFT & RIGHT ROCKS WITH TRIPLE STEPS

1 Rock left to left side
2 Return weight onto right
3&4 Triple step in place left, right, left
5 Rock right to right side
6 Return weight onto left
7&8 Triple step in place right, left, right

FORWARD & BACK ROCKS WITH TRIPLE STEPS

9 Rock forward left
10 Rock weight back onto right
11&12 Triple step in place left, right, left
13 Rock back onto right
14 Rock weight forward onto left
15&16 Triple step in place right, left, right

KICKS & TRIPLE STEPS

17 Kick left forward
18 Kick left to left side
19&20 Triple step in place left, right, left
21 Kick right forward
22 Kick right to right side
23&24 Triple step in place right, left, right

KICK BALL CHANGE, TRIPLE STEP, MONTEREY TURN

25&26 Kick left forward, step left beside right, step right in place
27&28 Triple step in place left, right, left
29 Touch right to right side
30 On ball of left, pivot ½ turn right stepping right beside left
31 Touch left to left side
32 Step left beside right

MIRROR IMAGE

RIGHT & LEFT ROCKS WITH TRIPLE STEPS

33 Rock right to right side
34 Return weight onto left
35&36 Triple step in place right, left, right
37 Rock left to left side
38 Return weight onto right
39&40 Triple step in place left, right, left

FORWARD & BACK ROCKS WITH TRIPLE STEPS

41 Rock forward right
42 Rock weight back onto left
43&44 Triple step in place right, left, right
45 Rock back onto left

46 Rock weight forward onto right
47&48 Triple step in place left, right, left

KICKS & TRIPLE STEPS

49 Kick right forward
50 Kick right to right side
51&52 Triple step in place right, left, right
53 Kick left forward
54 Kick left to left side
55&56 Triple step in place left, right, left

KICK BALL CHANGE, TRIPLE STEP, MONTEREY TURN

57&58 Kick right forward, step right beside left, step left in place
59&60 Triple step in place right, left, right
61 Touch left to left side
62 On ball of right, pivot ½ turn left stepping left beside right
63 Touch right to right side
64 Step right beside left

REPEAT

When you are comfortable with the dance try dancing it in contra lines as a mirror image.

ROW 1-Face the back leading with right foot from step 33

ROW 2-Face the front leading with left foot from step 1 etc.

You will find that you dance a mirror image of the people in front and behind you, great fun and very clever.
