

Mirada Shuffle (L/P)

COPPERKNOB
STEPSHEETS

拍數: 64

牆數: 4

級數: Intermediate/Advanced line/partner
dance



編舞者: Steve Elek & Diann Elek

音樂: Runaway - Cher

RIGHT KICK BALL CHANGE, SIDE SHUFFLE, ROCK STEP

- 1&2 Kick right foot forward, step right foot next to left, step left next to right
3&4 Repeat steps 1&2
5&6 Step right foot to right side sliding left foot to right, step right
7-8 Rock backward on left foot, rock forward on the right foot

LEFT KICK BALL CHANGE, SIDE SHUFFLE, ROCK STEP

- 1&2 Kick left foot forward, step left foot next to right, step right next to left
3&4 Repeat steps 1&2
5&6 Step left foot to left side sliding right foot to left, step left
7-8 Rock backward on right foot, rock forward on the left foot

STEP FORWARD ½ TURN PIVOT LEFT, ¼ TURN PIVOT LEFT

- 1-2 Step right foot forward, pivot ½ turn left
3-4 Step right foot forward, pivot ¼ turn left

SAILOR STEPS

- 1&2 Step right foot behind left, step left foot to left side, step right foot forward
3&4 Step left foot behind right, step right foot to right side, step right foot forward
5-8 Repeat 1-4

STOMPS & ROCK STEPS

- 1 Stomp left foot forward
2 Rock back on right
3 Touch left heel forward (weight is still on right)
4 Stomp left foot forward
5 Stomp right foot forward
6 Rock back on left
7 Touch right heel forward (weight is still on left)
8 Stomp right foot forward

FORWARD SHUFFLES (4)

- 1&2 Step right foot forward, slide left foot to right, step forward with right
3&4 Step left foot forward, slide right foot to left, step forward with left
5&6 Step right foot forward, slide left foot to right, step forward with right
7&8 Step left foot forward, slide right foot to left, step forward with right

STEP FORWARD ½ TURN PIVOT LEFT, ½ TURN PIVOT LEFT

- 1-2 Step right foot forward, pivot ½ turn left
3-4 Step right foot forward, pivot ½ turn left

FOUR COUNT VINE RIGHT, THEN LEFT.

- 1-2-3-4 4 count vine right with scuff
5-6-7-8 4 count vine left with touch.

BOX STEP WITH ¼ TURN

1-2-3-4 Box step with $\frac{1}{4}$ turn right
5-6-7-8 Box step with $\frac{1}{4}$ turn right

REPEAT
