

Miracle

COPPER **NOB**
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Maggie Muir (UK)
音樂: Miracle - A1



ELECTRIC KICKS, RIGHT SHUFFLE, ½ TURN RIGHT TOUCH PADDLE TURNS TWICE

- 1&2 Rock forward on right foot, recover on left, rock back onto right kicking left foot forward sharply
- &3&4 Step left in place, rock forward onto right foot, recover onto left, rock back onto right foot kicking left foot forward sharply
- &5&6 Step left in place, right foot step forward, step left beside, step right foot forward
- &7&8 Point left foot forward, on the ball of the right turn ½ right, point the left forward, on the left foot turn ½ turn right

On counts 1-4 put in a 'bouncy mashed potato' feel. On counts 7&8 it's the 12 and 6:00 walls you do the touches at

- 9-16 Repeat the above but leading with the left foot

KICK RIGHT JUMP OUT, BRING FEET TOGETHER, RIGHT SHUFFLE, SCUFF LEFT ½ TURN RIGHT

- 17&18 Kick right foot forward, jump slightly back landing right left feet shoulder width apart click fingers shoulder high as you land
- 19&20 Swivel both heels inwards to a 45" angle, swivel toes inwards so they meet with your heels still apart, swivel heels inwards so both feet are side by side,
- 21&22 Right foot step forward, bring left alongside, step right foot forward
- 23&24 Scuff left foot forward, hitch the left knee and at the same time on the ball of the right foot turn ½ right, touch the left toe beside the right

LEFT SHUFFLE, SCUFF HITCH CROSS, UNWIND ¾ LEFT, JUMP OUT IN

- 25&26 Step left foot forward, bring right to meet left, step left foot forward
- 27&28 Scuff right foot forward, hitch the right knee, cross right over left
- 29&30 Bounce heels making ¼ turn left, repeat twice making a ¾ turn in total
- &31&32 Jump feet out right left, jump feet together right left

REPEAT

TAG

After walls 1, 3, 5

SWAYS RIGHT LEFT RIGHT LEFT, SLOW SIDE STEPS LEFT,

- 1-4& Sway hips right, left, right, left, bring right into place taking the weight
- 5-6 Take a large step left pushing hip to the left, slide right to meet
- 7-8 Take a large step left pushing hip to the left, slide right to meet

Note counts 5-8 can be replaced with left snake rolls

- 9-12 Repeat counts 1-4
- 13 Stomp right foot diagonally forward punching right fist up
- 14 Stomp left foot diagonally forward punching left fist up
- 15 Stomp right foot back into place wrapping right arm around body
- 16 Stomp left foot back into place wrapping left arm around body

FINISH

Wall 6 is the final rep, you will finish the sequence on the last count. End stopping dead with feet together arms above head, hands making a sharp outward gesture.