

# Mini Twist

拍數: 56      牆數: 4      級數: Improver  
編舞者: Jette Elmann Sørensen (DK)  
音樂: Twist of Love - Sidsel Ben Semmane



---

## VINE RIGHT, KICK TO LEFT DIAGONAL - LEFT, CROSS, LEFT - KICK TO RIGHT DIAGONAL

- 1-4      Step right to right side, cross left behind right, step right to right side, kick left diagonally forward left  
5-8      Step left to left side, cross right over left, step left to left side, kick right diagonally forward right

## TOE STRUT FORWARD RIGHT, LEFT, RIGHT, LEFT

- 1-4      Step forward on right toe, drop heel taking weight, step forward on left toe, drop heel taking weight  
5-8      Repeat

## VINE RIGHT, KICK TO LEFT DIAGONAL - LEFT, CROSS, LEFT - KICK TO RIGHT DIAGONAL (SAME AS SECTION 1)

- 1-4      Step right to right side, cross left behind right, step right to right side, kick left diagonally forward left  
5-8      Step left to left side, cross right over left, step left to left side, kick right diagonally forward right

## TOE STRUT BACK RIGHT, LEFT, RIGHT, LEFT

- 1-4      Step back on right toe, drop heel taking weight, step back on left toe, drop heel taking weight  
5-8      Repeat, ending with weight on both feet

## TRAVELING SWIVELS RIGHT - CLAP - HEELS TO THE LEFT - CLAP - HEELS TO THE RIGHT - CLAP

- 1-4      Heels to the right, toes the right, heels to the right, hold and clap your hands  
5-8      Heels to the left, clap, heels to the right, clap

## TRAVELING SWIVELS LEFT - CLAP - HEELS TO THE RIGHT - CLAP - TO THE LEFT - CLAP

- 1-4      Heels to the left, toes the left, heels to the left, hold and clap your hands  
5-8      Heels to the right, clap, heels to the left, clap

## FREESTYLE TWIST ON THE SPOT

- 1-8      Freestyle twist on the spot

## REPEAT

---