

Mine O'mine

拍數: 32 牆數: 2 級數: Improver
編舞者: Chantelle Ramsey (UK)
音樂: Hey Baby (Radio Mix) - D.J. Otzi



SAILOR STEP TWICE, KICK BALL STEP, SKATER STEPS

1&2 Cross step right behind left, step left to left side, step right in place
3&4 Cross step left behind right, step right to right side, step left in place
5&6 Kick right foot forward, step right in place, step left in front of right (weight on)
7-8 Right step to right with toes pointing 45° to right, left step to left with toes pointing 45° to left (weight on)

SAILOR STEPS TWICE, KICK BALL STEP, SKATER STEPS

9-16 Repeat counts 1-8

SWIVELS WITH TURNS AND HOLDS

17-18 Swivel both feet right (on balls of feet) making a ¼ turn right. Step down on right. Hold
19-20 Swivel both feet left (on balls of feet) making ½ turn left. Step down on left, hold
21-22 Swivel both feet right (on balls of feet) making ¼ turn right. Step on right, hold
23-24 Swivel both feet left (on balls of feet) making ½ turn left. Step down on left, hold

FORWARD SHUFFLES RIGHT & LEFT, ELVIS KNEES

25&26 Step right foot forward, step left beside right, step right foot forward
27&28 Step left foot forward, step right next to left, step left foot forward
29 Pop right knee to center in front of left, weight on left
30 Pop left knee to center in front of right, weight on right
31 Roll right knee to center in front of left, weight on left
32 Roll right knee to center in front of left, weight on left

REPEAT

TAG

At the end of 2nd and 4th walls only

SIDE SHUFFLES, SAILOR STEPS, SIDE STEPS, HOLDS HIP ROLL

1&2 Step right foot to right side, step left next to right, step right to right side
3&4 Step left foot to left side, step right next to left, step left to left side
5&6 Right cross behind left, step left to left side, step right in place
7&8 Left cross behind right, step right to right side, step left in place
9-10 Step right to right side, hold
11-12 Close left next to right, hold

ROLL HIPS TO THE LEFT MAKING ½ TURN OVER LEFT SHOULDER WEIGHT STAYS ON LEFT

13 Touch right toe diagonally forward and turn an 1/8 over left shoulder
14 Touch right toe diagonally forward and turn an 1/8 over left shoulder
15 Touch right toe diagonally forward and turn an 1/8 over left shoulder
16 Touch right toe to right side, this completes ½ turn