

Mindy's Waltz

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Linda Burgess (AUS)
音樂: Rest Your Weary Mind - Melinda Schneider



- 1-2-3 Step forward right, turn ½ right & step left beside right, step right beside left
4-5-6 Step forward left, turn ½ left & step right beside left, step left beside right
- 1-6 Repeat last 6 counts
- 1-2-3 Step forward right, step left beside right, step right beside left
4-5-6 Step back left, rock/step right to right, replace weight to left
- 1-2-3 Cross/step right over left, turn ¼ right & step back left, rock/step back right
4-5-6 Step forward left, turn ½ left on left & step back right, step back left
- 1-2-3 Step back right, step left beside right, step forward right (coaster)
4-5-6 Turn ½ right & step back left, turn ½ right & step forward right (or walk forward left, right),
step left to left
- 1-2-3 Rock/step right behind left, replace weight to left, step right to right
4-5-6 Rock/step left behind right, replace weight to right, step left to left
- 1-2 Cross/step right behind left, turn ¼ left & step forward left
3-6 Step forward right, pivot ½ turn left (weight left), turn ¼ left & step right to right, cross/step left
behind right
- 1-2-3 Rock/step right to right, replace weight to left, step back right
4-5-6 Step left back, step right beside left, step forward left (coaster)

REPEAT

TAG

End of wall 2 facing 6:00 (12 count tag)

- 1-2-3 Basic waltz forward right, left, right
4-5-6 Basic waltz back left, right, left
1-2-3 Right twinkle
4-5-6 Left twinkle