

A Million Miles

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Improver
編舞者: DJ Dan (NL) & Wynette Miller (NL)
音樂: Stone Cold Fingers - Leland Martin



ROCK STEP FORWARD, COASTER STEP; ROCK STEP FORWARD, SAILOR ½ TURN

1-2 Rock right forward, recover weight onto left
3&4 Step right back, step left next to right, step right forward
5-6 Rock left forward, recover weight onto right
7&8 Cross left behind right ¼ turn left, step right ¼ turn left, step left slightly forward (6:00)

ROCK STEP FORWARD, LOCK STEP BACK; FULL TURN TRAVELING BACK, COASTER STEP

1-2 Rock right forward, recover weight onto left
3&4 Step right back, lock left over right, step right back
5-6 Make ½ turn left step left forward, make ½ turn left step right back (6:00)
7&8 Step left back, step right next to left, step left forward

Easier option:

5-6 Sliding steps back left, right

SIDE ROCK, BEHIND-SIDE-CROSS; SIDE ROCK, SAILOR ¼ TURN

1-2 Rock right to right side, recover weight onto left
3&4 Cross right behind left, step left to left side, cross right over left
5-6 Rock left to left side, recover weight onto right
7&8 Cross left behind right, step right ¼ turn left, step left slightly forward (3:00)

STEP-½ PIVOT, MAMBO FORWARD; ROCK STEP BACK, LOCK STEP FORWARD

1-2 Step right forward, pivot ½ turn left (9:00)
3&4 Rock right forward, recover weight onto left, step right next to left
5-6 Rock left back, recover weight onto right
7&8 Step left forward, lock right behind left, step left forward

REPEAT
