

Millennium

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數:
編舞者: Debbie Tye (UK)
音樂: Millennium - Robbie Williams



Dance starts after the first 16 counts and should be danced very relaxed with no jerky movements.

LEFT ROCK, COASTER STEP

1 Rock forward left
2 Rock back right
3 Step back left
& Step right next to left
4 Step forward left

RIGHT ROCK, ¼ TURN SHUFFLE

5 Rock forward right
6 Rock back left
7 Step back right while turning ¼ right
& Step left next to right
8 Step right to side

CROSS ROCK, TURNING SHUFFLE

9 Cross left over right and rock onto it
10 Rock back right
11 Step left while turning ¼ left
& Step right forward while turning ½ turn left
12 Step back left while turning ¼ left (you should have completed a full turn)

CROSS ROCK, ¼ TURN SHUFFLE

13 Cross right over left and rock onto it
14 Rock back left
15 Step right to right side while turning ¼ right
& Step left next to right
16 Step forward right

HEEL SWITCHES & TOE SWITCHES

17 Touch left heel forward
& Place left next to right
18 Touch right heel forward
& Place right next to left
19 Touch left toe to left side
& Place left next to right
20 Touch right toe to right side

HEEL JACK

& Place right next to left
21 Cross left foot over right
& Step right diagonally back right
22 Touch left heel diagonally left
& Step left back in place
23 Cross right over left

& Step left diagonally back left
24 Touch right heel diagonally right

¾ TURN & COASTER STEP

& Step right back in place
25 Cross left over right
26 Unwind ¾ turn right, weight on left
27 Step right back
& Step left next to right
28 Step forward right

KICK BALL POINTS

29 Kick forward left
& Step down on ball of left foot
30 Point right foot out to right side
31 Kick forward right
& Step down on ball of right foot
32 Point left foot out to side

SYNCAPATED ROCKS

& Step left next to right
33 Rock right to the right side
34 Rock back onto left
& Step right next to left
35 Rock left to the left side
36 Rock back onto right

TURNING TOE STRUTS

37 Cross left over right, weight on ball of left foot
38 Drop left heel & click fingers
39 Turn ¼ right, weight on ball of right foot
40 Drop right heel & click fingers
41 While stepping forward left pivot a ½ turn right, weight on ball of left foot
42 Drop left heel & click fingers
43 While stepping back right pivot a ¼ turn right, weight on ball of right foot
44 Drop right heel & click fingers

WIGGLES FORWARD

45 Step forward left (angle body right) & push hips forward
& Push hips back
46 Push hips forward
47 Step forward right (angle body left) & push hips forward
& Push hips back
48 Push hips forward

REPEAT
