

# The Milk Shake

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Christopher J. Spicer (USA)  
音樂: All Shook Up - Elvis Presley



## WALK FORWARD (TOE TAPS WITH STEPS) WHILE SNAPPING

1-2      Tap right toe forward while snapping with right hand, step right foot forward  
3-4      Tap left toe forward, step left foot forward  
5-6      Tap right toe forward while snapping with right hand, step right foot forward  
7-8      Tap left toe forward, step left foot forward

## JAZZ BOX, HOLD, JAZZ BOX, TOUCH

1-2      Cross right foot over left foot, step left foot back  
3-4      Step right foot back to center, hold  
5-6      Step left foot over right foot, step right foot back  
7-8      Step left foot back to center, touch right foot next to left foot

## SHUFFLE RIGHT, ROCK RECOVER, SHUFFLE LEFT, ROCK RECOVER

1&2      Step right to right side, step left next to right, step right to right side  
3-4      Rock left foot behind right foot, recover weight on right foot  
5&6      Step left to left side, step right next to left, step left to left side  
7-8      Rock right foot behind left foot, recover weight on left foot

## STEP, HOLD, STEP, HOLD, ¼ SHUFFLE, ½ TURN HITCH

1-2      Step right foot to right side, hold  
3-4      Step left foot behind right foot, hold  
5&6      Step right foot to right side while making a ¼ turn to the right, step left foot next to right foot, step right foot forward  
7-8      Make a ½ turn to the right while stepping back on the left foot, hitch right knee

## REPEAT

### OPTIONAL:

On the 3rd, 7th and 8th wall, replace the second set of eight counts with this set of eight counts and then continue the remainder of the dance

1-2      Cross right foot over left foot, hold  
3-4      Step left foot back, hold  
5-8      While placing right foot beside left, bump hips right left, right, left (weight remains on left foot)