

# Miles & Years

拍數: 64      牆數: 2      級數: Improver  
編舞者: Noel Bradey (AUS)  
音樂: Miles & Years - Lionel Cartwright



## SIDE, HOLD, SYNCOPATED VINE, REPEAT

- 1-2-3&4      Step right to right side, hold, cross/step left behind right, step right to right, cross/step left over right  
5-6-7&8      Step right to right side, hold, cross/step left behind right, step right to right, cross/step left over right

## ROCK SIDE, REPLACE WITH ¼ TURN LEFT, SHUFFLE TURN, SHUFFLE TURN, HEEL SWITCHES

- 1-2      Rock/step right to right side, replace weight to left turning ¼ turn left  
3&4-5&6      Turning ½ turn left shuffle right-left-right, turning ½ turn left shuffle left-right-left  
7&8      Right heel forward at 45 degrees right, step right to center, left heel forward at 45 degrees left

## SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- &1-2-3&4      Step on left beside right, rock/step right to right, replace weight to left, cross/step right over left, step left to left, cross/step right over left  
5-6-7&8      Rock/step left to left, replace weight to right, cross/step left over right, step right to right, cross/step left over right

## ½ TURN HEEL STRUT, SHUFFLE TURN ½, ½ TURN HEEL STRUT, ¾ SHUFFLE TURN

- 1-2      Turning ½ turn right step forward right heel, slap right toe down  
3&4      Triple step left-right-left turning ½ turn right & traveling to right  
5-6      Turning ½ turn right step forward right heel, slap right toe down  
7&8      Triple step left-right-left turning ¾ turn right & traveling to right

## ROCK SIDE, REPLACE, ¼ TURN COASTER CROSS, SIDE, TOGETHER, ¼ TURN SHUFFLE FORWARD

- 1-2      Rock/step right to right, replace weight to left  
3&4      Turn ¼ turn right stepping back on right, step left beside right, cross/step right over left  
5-6      Step left to left, step right beside left  
7&8      Turn ¼ turn left shuffling forward left-right-left

## ½ PIVOT TURN, SHUFFLE FORWARD, ¼ PIVOT TURN, COASTER STEP

- 1-2-3&4      Step forward right, ½ turn pivot turn left, shuffle forward right-left-right  
5-6-7&8      Step forward left, ¼ turn pivot turn right, step back left, step right beside left, step forward left

## ROCK RIGHT FORWARD, REPLACE, BACK, REPLACE, SIDE, REPLACE, CROSS SHUFFLE

- 1-2-3-4      Rock/step right forward, replace weight to left, rock back right, replace weight to left  
5-6-7&8      Rock/step right to right, replace weight to left, cross/step right over left, step left to left, step right over left

## ROCK LEFT FORWARD, REPLACE, BACK, REPLACE, POINT SIDE, TOGETHER, ¼ TURN SIDE, TOGETHER

- 1-2-3-4      Rock/step left forward, replace weight to right, rock/step back on left, replace weight to right  
5-6&7-8      Touch left toe to left, touch left beside right, step on left turning ¼ turn left, touch right toe to right, touch right beside left

## REPEAT

## TAG:

**After 2nd wall only:**

- 1-2-3&4      Rock/step forward right, replace weight to left, step right back, step left beside right, step forward right
- 5-6-7&8      Rock/step forward left, replace weight to right, step left back, step right beside left, step forward left
- 1-2-3-4      Touch right to right, drag right to beside left turning  $\frac{1}{2}$  turn right touch left to left, step left beside right
- 5-6-7-8      Touch right to right, drag right to beside left turning  $\frac{1}{2}$  turn right touch left to left, step left beside right

**FINISH:**

The music fades nearing the end of the dance. Just keep dancing through it and you will finish facing the front wall.

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