

Mile Marker 7

拍數: 32 牆數: 4 級數: Intermediate
編舞者: "Calamity" Jane Newhard (USA)
音樂: Roll On Eighteen Wheeler - Alabama



STEP, CROSS BEHIND, SHUFFLE TURN, STEP, ½ TURN, SHUFFLE

- 1 Step right to right
- 2 Cross step left behind right
- 3&4 Make a ¼ right turn while shuffling right left right
- 5 Step left forward
- 6 ½ Right turn
- 7&8 Shuffle forward left right left

KICK, KICK-BALL-CROSS, HOLD REPEAT

- 1 Kick right forward
- 2 Kick right forward
- & Step on ball of right
- 3 Cross step left over right
- 4 Hold
- 5 Kick right forward
- 6 Kick right forward
- & Step on ball of right
- 7 Cross step left over right
- 8 Hold

MONTEREY TURN, POINT, CROSS, UNWIND, HOLD

- 1 Point right to right side
- 2 Pivot ½ right turn on left, step right beside left
- 3 Point left to left side
- 4 Step left beside right
- 5 Point right to right side
- 6 Cross right over left
- 7 Unwind ½ turn left
- 8 Hold with a clap

CROSS SHUFFLE, STEP, CROSS BEHIND, ROCK, STEP, CROSS SHUFFLE

- 1 Cross step right over left
- & Step left to right of right
- 2 Step right to left
- 3 Step left to left
- 4 Step right behind left
- 5 Rock left to left
- 6 Step right to right
- 7 Cross step left over right
- & Step right just left of left
- 8 Step left to right

REPEAT

This dance was choreographed after Jane rolled her Blazer at PA Mile Marker #7 on I-90 just east of the Ohio line during a snowstorm last year.

