

Midwest Shuffle (P)

COPPER KNOB
STEPPERS

拍數: 56 牆數: 0 級數: Partner
編舞者: Al Beczkala (USA) & Barb Beczkala (USA)
音樂: Sorry - Gary Allan



Position: Start facing line of dance, lady on right, man on left, hand joined

SHUFFLE, SHUFFLE, ¼ TURN, SLAP, SLAP

- 1&2 **MAN:** Shuffle forward - left, right, left
 LADY: Shuffle forward - right, left, right
- 3&4 **MAN:** Shuffle forward - right, left, right
 LADY: Shuffle forward - left, right, left
- 5-6 **MAN:** Step out on your left and turn ¼ right to face partner shifting weight to right
 LADY: Step out on your right and turn ¼ left to face partner shifting weight to left
- 7-8 **MAN:** Slap lady's right hand and hold, slap lady's left hand and hold
 LADY: Slap man's left hand and hold, slap man's right hand and hold

SHUFFLE, ROCK STEP, SHUFFLE, ROCK STEP

- 9&10 **MAN:** Shuffle to left - left, right, left
 LADY: Shuffle to right - right, left, right
- 11-12 **MAN:** Rock back on right, forward on left
 LADY: Rock back on left, forward on right
- 13&14 **MAN:** Shuffle to right - right, left, right
 LADY: Shuffle to left - left, right, left
- 15-16 **MAN:** Rock back on left turning ¼ left, rock forward on right (push off with left hand and drop right hand)
 LADY: Rock back on right turning ¼ right, rock forward on left (push off with right hand and drop left hand)

ROLLING TURN, BUMP, BUMP

- 17-20 **MAN:** Turn one full turn right, stepping left, right, left, right
 LADY: Turn one full turn left, stepping right left, right, left
- 21-22 **MAN:** Bump right hip to lady's left hip, twice
 LADY: Bump left hip to man's right hip, twice
- 23-24 **MAN:** Bump left hip away from lady, twice
 LADY: Bump right hip away from man, twice

HEEL TAPS, ROLLING VINE ROLLING VINE, STEP SLIDE

- 25-28 **MAN:** Tap right heel four times
 LADY: Step to the right on right and begin a full turn to the right traveling to the right, step on left, step on right, touch left and clap
- 29-32 **MAN:** Step to the right on right and begin a full turn to the right traveling to the right, step on left, step on right, step on left (facing LOD behind - pick up lady's hands at her shoulders)
 LADY: Step to the left on left foot and slide right foot next to left, step on the left and slide right foot next to left (facing LOD in front of man - pick up man's hands at lady's shoulders)

STEP SLIDE, STEP SLIDE

- 33-36 **MAN:** Step forward diagonally right, slide left foot next to right, step forward on right, touch left
 LADY: Step forward diagonally right, slide left foot next to right, step forward on right, touch left

37-40 **MAN:** Step forward diagonally left, slide right foot next to left, step forward on left, step on right
LADY: Step forward diagonally left, slide right foot next to left, step forward on left, touch right

STEP IN PLACE, SHIMMY ROLLING VINE, SHIMMY

Drop hands as lady starts turn - as lady finishes turn rejoin lady's left hand to man's right hand

41-44 **MAN:** Step in place - left, right, left, right
LADY: Step to the right on right and begin a full turn to the right traveling to the right, step on left, step on right, step on left

45-48 **MAN:** Step side left on left foot, slowly sliding right foot next to left (weight ends on right)
LADY: Step side right on right foot, slowly sliding right foot next to left (weight ends on left)

JAZZ BOX, PIVOT TURN

49-52 **MAN:** Left foot cross over right, right foot step back, left foot step left, right foot step together
LADY: Right foot cross over left, left foot step back right foot step right, left foot step together

53-54 **MAN:** Step out on left foot and turn $\frac{1}{2}$ turn right
LADY: Step out on right foot and turn $\frac{1}{2}$ turn left

55-56 **MAN:** Step out on left foot and turn $\frac{1}{2}$ turn right
LADY: Step out on right foot and turn $\frac{1}{2}$ turn left

REPEAT
