

Midnight Hour

COPPER KNOB
STEPSHETS

拍數: 52 牆數: 4 級數: Improver
編舞者: Diana Bishop (AUS)
音樂: In the Midnight Hour - The Commitments



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- 1-4 Swivel/walk forward right-left-right-left (right steps over left, left over right, right over left, left over right) with a wiggle in the hips
- 5-8 Step forward on right, turn ½ turn left, hold that position for 2 counts & (hip bump left for those 2 count or stand there)
- 9-12 Step right forward, tap right heel 3 times
- 1-12 Repeat above 12 counts starting with left foot
- 1-2 Right toe/heel strut forward (shaking shoulders progressing forward)
- 3-4 Left toe/heel strut forward (shaking shoulders progressing forward)
- 5-6 Right toe/heel strut forward (putting arms up in the air)
- 7-8 Left toe/heel strut forward (putting arms down to sides, palms down)
- 1-2-3&4 Rock forward onto right, rock back onto left, right coaster step
- 5&6 Left cross shuffle to right
- 7-8-9&10 Rock onto right to right, rock onto left to left, right sailor step
- 1-2-3&4 Rock forward onto left, rock back onto right, left coaster step
- 5&6 Right cross shuffle to left
- 7-8-9&10 Rock onto left to left, rock onto right to right, left sailor step turning ¼ turn left

REPEAT
